

# Newport 60+ Activity Center





# APRIL

# 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>WATCH OUT IT'S APRIL FOOLS DAY</p>	<p><b>1</b> Tax Preparation Sessions 8:30 A Move with Mary 10:00 A AmeriCorps Seniors Drop-in Q &amp; A 10:00 A Bingo 11:00 A Dance with Mary 11:00 A Party Bridge 11:00 A Lunch 12:00 P Mah Jongg 1:00 P Computer 101 1:00 P Social Ballroom Dancing 1:30 P 101 Call Shot Pool 2:00 P Open Music Jam 2:00 P</p>	<p><b>2 TRIP</b> Quilting Social 9:00 A Meditation 9:00 A Wii Bowling 9:30 A Silver Sneakers Classic 10:00 A Open Board Games 10:00 A Chair Yoga 11:05 A Eating Well Class 11:30 A Scrabble 1:00 P Mah Jongg 101 1:00 P Gentle Yoga 1:00 P Walk with Ease 1:30 P Knitting 1:30 P Tai Chi for Arthritis &amp; Fall Prevention 2:30 P</p>	<p><b>3</b> Tax Preparation Sessions 8:30 A Arthritis Exercise 9:30 A Bingo 11:00 A Dominoes 11:30 A Lunch 12:00 P Beginning Line Dance 1:00 P Improvers Line Dance 2:00 P Intermediate Line Dance 3:00 P Caregiver Support Group 3:00 P</p>	<p><b>4</b> Walk with Ease 9:30 A Silver Sneakers Classic 10:00 A Tai Chi for Arthritis &amp; Fall Prevention 10:45 A Chair Yoga 11:05 A Duplicate Bridge 12:30 P Tax Preparation Sessions 12:45 P Art Workshop with Sherilyn 1:00 P Tai Chi 1:00 P Gentle Yoga 2:30 P</p>	<p><b>5</b> Blood Pressure Clinic 9:00 A Arthritis Exercise 9:30 A Photography—Beyond the Basics 10:00 A Bingo 11:00 A Pinochle 11:00 A Dominoes 11:30 A Lunch 12:00 P Tax Preparation Sessions 12:45 P Strength &amp; Balance 1:00 P Before the End of Life 1:00 P</p>	
<p><b>7</b></p> <p>Open Pool Monday-Friday, 8:30 A—5:00 P</p> <p>Ping Pong whenever the Multi-Purpose Room is available</p>	<p><b>8</b> Tax Preparation Sessions 8:30 A Move with Mary 10:00 A Bingo 11:00 A Dance with Mary 11:00 A Party Bridge 11:00 A Lunch 12:00 P Mah Jongg 1:00 P Computer 101 1:00 Social Ballroom Dancing 1:30 P 101 Call Shot Pool 2:00 P Open Band Practice 2:00 P</p>	<p><b>9</b> Quilting Social 9:00 A Meditation 9:00 A Wii Bowling 9:30 A Silver Sneakers Classic 10:00 A Open Board Games 10:00 A Senior Discussion Group 11:00 A Chair Yoga 11:05 A Volunteer App Luncheon 11:30 A Scrabble 1:00 P Gentle Yoga 1:00 P Mah Jongg 101 1:00 P Knitting 1:30 P Coffee with Sonia 2:00 P Walk with Ease 3:00 P Tai Chi for Arthritis 4:00 P</p>	<p><b>10</b> Tax Preparation Sessions 8:30 A Arthritis Exercise 9:30 A Bingo 11:00 A Jin Shin Jyutsu 11:00 A Dominoes 11:30 A Lunch 12:00 P Beginning Line Dance 1:00 P Intermediate Guitar Lessons 2:00 P Improvers Line Dance 2:00 P Intermediate Line Dance 3:00 P</p>	<p><b>11</b> HIKE Silver Sneakers Classic 10:00 A Chair Yoga 11:05 A Duplicate Bridge 12:30 P Tax Preparation Sessions 12:45 P Art Workshop with Sherilyn 1:00 P Tai Chi 1:00 P Gentle Yoga 2:30 P</p>	<p><b>12</b> Arthritis Exercise 9:30 A Photography—Beyond the Basics 10:00 A Bingo 11:00 A Pinochle 11:00 A Dominoes 11:30 A Lunch 12:00 P Tax Preparation Sessions 12:45 P Strength &amp; Balance 1:00 P Before the End of Life 1:00 P</p>	
<p><b>14</b></p> <p>Color Legend</p> <p>Lounge = Pink Wellness Center = Blue Education Room = Red Multi-Purpose Room = Green Pool Room = Black</p>	<p><b>15</b> Tax Preparation Sessions 8:30 A Move with Mary 10:00 A Bingo 11:00 A Dance with Mary 11:00 A Party Bridge 11:00 A Lunch 12:00 P Mah Jongg 1:00 P Computer 101 1:00 P 101 Call Shot Pool 2:00 P Social Ballroom Dancing 1:30 P Open Music Jam 2:00 P</p>	<p><b>16</b> Quilting Social 9:00 A Meditation 9:00 A Wii Bowling 9:30 A Silver Sneakers Classic 10:00 A Open Board Games 10:00 A Chair Yoga 11:05 A Food Hero Recipe Taste 11:30 A Walk with Ease 12:00 P Tai Chi for Arthritis &amp; Fall Prevention 1:00 P Scrabble 1:00 P Gentle Yoga 1:00 P Mah Jongg 101 1:00 P Knitting 1:30 P</p>	<p><b>17</b> Arthritis Exercise 9:30 A Bingo 11:00 A Dominoes 11:30 A April Birthday Lunch 12:00 P Beginning Line Dance 1:00 P Senior Assoc. Board Mtg 1:30 P Improvers Line Dance 2:00 P Intermediate Line Dance 3:00 P Caregiver Support Group 3:00 P</p>	<p><b>18</b> Friends Comm. Mtg 9:30 A Silver Sneakers Classic 10:00 A Chair Yoga 11:05 A Duplicate Bridge 12:30 P Art Workshop with Sherilyn 1:00 P Tai Chi 1:00 P Gentle Yoga 2:30 P</p>	<p><b>19</b> Arthritis Exercise 9:30 A Photography—Beyond the Basics 10:00 A Bingo 11:00 A Pinochle 11:00 A Dominoes 11:30 A Lunch 12:00 P Strength &amp; Balance 1:00 P</p>	

see other side



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21 	22 Move with Mary 10:00 A Bingo 11:00 A Dance with Mary 11:00 A Party Bridge 11:00 A Lunch 12:00 P Mah Jongg 1:00 P Computer 101 1:00 P Social Ballroom Dancing 1:30 P 101 Call Shot Pool 2:00 P Open Band Practice 2:00 P	23 <b>HIKE</b> Quilting Social 9:00 A Meditation 9:00 A Wii Bowling 9:30 A Silver Sneakers Classic 10:00 A Open Board Games 10:00 A Chair Yoga 11:05 A Fun with Poetry 12:00 P Scrabble 1:00 P Mah Jongg 101 1:00 P Gentle Yoga 1:00 P Knitting 1:30 P	24 Arthritis Exercise 9:30 A Bingo 11:00 A Dominoes 11:30 A Lunch 12:00 P Beginning Line Dance 1:00 P Improvers Line Dance 2:00 P Intermediate Guitar Lessons 2:00 P Crafting with Cricut 2:00 P Intermediate Line Dance 3:00 P	25 Silver Sneakers Classic 10:00 A Chair Yoga 11:05 A Duplicate Bridge 12:30 P Art Workshop with Sherilyn 1:00 P Tai Chi 1:00 P Gentle Yoga 2:30 P	26 Arthritis Exercise 9:30 A Photography—Beyond the Basics 10:00 A Bingo 11:00 A Pinochle 11:00 A Dominoes 11:30 A Lunch 12:00 P Strength & Balance 1:00 P	27 TRIP 
28 	29 Move with Mary 10:00 A Bingo 11:00 A Dance with Mary 11:00 A Party Bridge 11:00 A Lunch 12:00 P Mah Jongg 1:00 P Computer 101 1:00 P Social Ballroom Dancing 1:30 P 101 Call Shot Pool 2:00 P Open Music Jam 2:00 P	30 Quilting Social 9:00 A Meditation 9:00 A Wii Bowling 9:30 A Silver Sneakers Classic 10:00 A Open Board Games 10:00 A Chair Yoga 11:05 A Scrabble 1:00 P Mah Jongg 101 1:00 P Gentle Yoga 1:00 P Knitting 1:30 P				
<b>Check Out These Classes/Activities</b> Mah Jongg 101, Tuesday, April 2-May 7, 1:00-3:00 P Photography — Beyond the Basics, Friday, April 5-26, 10:00 a.m.-12:00 p.m. Senior Discussion Group: End of Life & Near-Death Experience, Tuesday, April 8, 11:30 a.m.-1:00 p.m. Open Band Practice, April 8 & 22, 2:00-4:00 P Volunteer Appreciation Luncheon (invitation only), Tuesday, April 9, 11:30 A-1:00 P Before the End of Life: The Road Map, Friday, April 5 & 12, 1:00-3:00 p.m. Food Hero Recipe Taste: Fruited Tabouli, Tuesday, April 16, 11:30 a.m.-1:00 p.m. April Birthday Lunch Celebration, Wednesday, April 17, 12:00-1:00 p.m. Fun with Poetry, Tuesday, April 23, 12:00-1:30 P Crafting with Cricut, April 24, 2:00-4:00 P			<b>TRIPS</b> Evergreen Aviation & Space Museum, McMinnville, OR Tuesday, April 2, 2024, 8:00 A-5:00 P Standard Fee: \$35; 60+ Members receive a \$5 discount  Wooden Shoe Tulip Festival, Woodburn, OR Saturday, April 27, 2024, 8:00 A-5:00 P Standard Cost: \$40; 60+ Members receive a \$5 discount  <b>HIKES</b> Valley Trail, Florence, OR Thursday, April 11, 2024, 10:00 A-2:00 P Standard Fee: \$15; 60+ Members receive a \$5 discount  Drift Creek Falls, Lincoln City, OR, Tuesday, April 23, 2024, 10:00 A-2:00 P Standard Fee: \$15; 60+ Members receive a \$5 discount		Visit our website at <a href="http://www.newportoregon.gov/sc">www.newportoregon.gov/sc</a>  Newport 60+ Activity Center 20 SE 2nd St., Newport, OR 541-265-9617 Meal Site 541-574-0669  <b>CENTER HOURS</b> Monday—Friday 8:30 am to 5:00 pm	