

ACTIVITY GUIDE

NEWPORT PARKS AND RECREATION • MARCH, APRIL, MAY • 2024



Find us on Instagram!
@NewportParksandRec

Activities, Schedules, Events

and much more for

The Newport Recreation Center • Aquatic Center • 60 + Center • Newport Public Library • PAC/VAC

WELCOME TO NEWPORT PARKS AND RECREATION!



Whether you're a resident or visitor, we're glad you're here!

The Newport Parks & Recreation Department strives to provide positive recreational experiences through a variety of programs, activities, and services for all ages and abilities. We are committed to preserving and protecting the natural resources and parkland of our town while improving and enhancing all opportunities for future generations.

The Department manages the Recreation and Aquatic Center, 60+ Activity Center, 13 parks, which includes shelters, playgrounds, skate park, ball fields, tennis/pickleball courts, recreational trails, as well as public parking lots and restrooms, and the Bayfront boardwalk and piers. I invite you to enjoy any one of our great facilities with your friends and families.

We hope you find our printed activity guide and online website catalog helpful with your needs. Our website has user-friendly features, compatibility and quick connectivity across your PC or mobile device. We aim to make program registration as hassle free as possible.

We'd love to hear from you! We are always looking for new programming ideas and vendor suggestions. If you have an idea for a new program, or have ideas/ input on how we could improve existing programs, please e-mail or contact the appropriate facility or staff member.

Interested in enhancing, preserving and protecting our parks and recreation facilities? You will want to learn about the Friends of Newport Parks and Recreation! The Friends are a non-profit that serves as a financial sponsor for the department, helping to manage funds from donors and private foundations for parks and recreation projects and services that benefit Newport. To learn more, please contact friendofnpari@yahoo.com.

We look forward to seeing you out and about in Newport!

Mike Cavanaugh
Director of Parks and Recreation
Newport, Oregon Parks & Recreation

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PARA INFORMACION EN ESPANOL
Para mayor información usted puede visitar nuestra página del internet en newportoregon.gov/dept/par.
En la esquina inferior del lado izquierdo de la página, seleccione el language que usted prefiere, luego haga clic en el botón TRANSLATE y el language se ajustará a su preferencia.
La mayoría de la formas que usted necesitará estan disponibles en español en el Centro de Receación.

NEWPORT PARKS AND REC ONLINE REGISTRATION!

We're online!

REC CENTER
Sports, childcare, exercise classes, and more!

AQUATIC CENTER
Open swim, exercise classes, lessons, and more!

60+ ACTIVITY CENTER
Trips, group activities, exercise classes, and more!



Scan with your smart phone to go directly to our online registration catalog!

CARDIO & MORE!

Tuesday Class:

An interactive upbeat class that challenges the body and the brain! Body conditioning and balance exercises using a variety of equipment.

Thursday Class:

Fun and simple Step & Floor cardio intervals.

Core conditioning using a variety of equipment to keep you entertained!

Friday Class:

Anything goes! A fun fast-paced classer to get your heart pumping and muscles moving. End with focused stretching exercises.

Tuesday & Thursday, 8:00-9:00 am - Friday, 11:30 am – 12:30 pm

Instructors: T/TH: Brenda Luntzel

Friday: Rebecca Sinnhuber

Free with Annual Pass

\$9.00 or \$7.50 with Resident Discount

\$81.00 or \$67.50 with Resident Discount



FLEX N' STRETCH

A fun, seated and standing class that includes cardio bursts, brain fitness activities, muscle conditioning, and balance, followed by 15 minutes of stretching.

This class is great for anyone wanting a fun multi-dimensional workout.

Tuesday & Thursday, 9:15-10:15 am

Wednesday & Friday, 10:00-11:00 am

Instructor: Brenda Luntzel

Free with Annual Pass

\$9.00 or \$7.50 with Resident Discount

10-Class Card: \$81.00 or \$67.50 with Resident Discount

YOGA FLOW

Yoga is a fun and creative way to improve your strength, flexibility and balance, decrease stress and calm your mind.

This class is a blend of mat and standing exercises, using the principles of Yoga.

Tuesday 4:15-5:15 pm

Instructor: Kacey Baxter

Try your first class for FREE!!

(Drop-in fee required)

Drop-ins: \$9.00 or \$7.50 with Resident Discount

10-Class Card: \$81.00 or \$67.50 with Resident Discount

KICKBOXING

An invigorating workout using “kickbox-inspired” movements.

Get your heartrate up, break a sweat and have fun doing it!

Class is designed for all levels.

Tuesdays, 6:00-7:00 pm

Instructor: Jorge Glez

Try your first class for FREE!!

(Drop-in fee required)

Drop-ins: \$8.00 or \$7.50 with Resident Discount

10-Class Card: \$81.00 or \$67.50 with Resident Discount

AQUA INTERVAL

Warm water to soothe and support your body while you go through a blend of beneficial exercises. Range of movement, balance, core strength, walking, and stretching.

Instructor: Rebecca Sinnhuber

Tuesday & Thursday 11:00 am -12:00 pm

(Pre-registration is required for every class)

(Drop-in fee required)

Drop-ins: \$9.00 or \$7.50 with Resident Discount

10-Class Card: \$81.00 or \$67.50 with Resident Discount

DEEP WATER WORKOUT

A vigorous workout that includes deep and shallow water cardio, core and balance exercises. Aqua belts are used during the deep-water exercises. Swimming skills are encouraged.

Wednesday & Friday 8:30-9:30am

Instructor: Brenda Luntzel

(Pre-registration is required for every class)

\$9.00 or \$7.50 with Resident Discount

\$81.00 or \$67.50 with Resident Discount (Drop-in fee required)

SPECIALTY FITNESS PROGRAMS

BALANCE AND AGILITY

(Attend your first class free to see if the exercises are appropriate for you)

This is a one hour program taught in a circuit training style that challenges balance, agility, reaction time, and strength. Agility training like this improves the neuromuscular and cognitive connections, cardiovascular and psychosocial function in older adults.

Wednesday 2:00-3:00pm

Instructor: Rebecca Sinnhuber

The class will resume April 3rd Drop-ins: \$9.00 or \$7.50 with Resident Discount

First Steps Program

Designed for people of all shapes, sizes, and abilities.

Diseñado para personas de todas las formas, tamaños y habilidades.

Includes...

- 22 visit pass
- One on one with our Fitness Specialist
- 2 Group Walks
- 2 Group Moral Support Sessions
- First Steps journal

Ala carte options available!



FIRST STEPS

Need some encouragement to get started on your fitness journey? This program is designed for people of all shapes, sizes, and abilities to feel more comfortable and accepted in a fitness/recreation environment. This multi-week program is designed to provide opportunities and encourage fellowship for those who need a helping hand getting into movement.

For questions, please call Brenda Luntzel, Fitness Specialist at 541-574-5863. \$150.00 or \$140.00 with Resident Discount



STAND UP & STAY STRONG PROGRAM:

Age gracefully and stay steady on your feet. Make your daily activities easier and have more energy living life by understanding the fundamentals of balance and body movement.

Learn strategies to improve your balance, postural stability and range of motion.

Each 60-minute class has a 20-minute education segment and 40-minute exercise segment. Come dressed with flat shoes and comfortable clothing.

4 weeks: March 1st – 22nd

Fridays: 1:00-2:00 pm

Instructor: Rebecca Sinnhuber

\$45.00 or \$40.00 with Resident Discount. (Pre-registration is required by Wednesday, February 28th)

Class minimum is 5 persons

PUMPED UP STRENGTH

(Passion Flower Fitness & Dance)

A sweat-drenched, functionally efficient resistance training workout that will challenge your body in new ways, improve lean muscle mass, and rev your metabolism.

Designed for ages 18 and older, beginners and athletes!

Thursday, 5:30-6:30pm

Instructor: Rebecca Sinnhuber

Drop-ins: \$15.00/class or 135.00/10-class card



TAI CHI FOR HEALTH

Classes are based on the Tai Chi for Arthritis Program from the Sun style form, emphasizing joint-safe moves and Qigong breathing. This is sequential learning and you will learn and memorize several movements. Practice will improve balance to minimize a fall, improve muscle strength, stress reduction, immune function and mental focus.

**Wednesday 12:30-1:30pm
(4 class sessions)**

Pre-registration for each month is required.

A FOUR class SESSION is \$32.00

Session 1- March 13, 20, 27, April 3

Session 2- April 10, 17, 24, May 1

**Instructor: Susan Cooper,
Senior Trainer - Tai Chi for
Health Institute, Dr. Paul Lam
Location: Recreation Center,
Aerobics/Dance Room**

TAKE THE RIGHT STEPS

A Fall Prevention Seminar

**March 7, 2024 - 12:30-2:00pm,
Newport recreation Center**

This is a new program with the most current information about healthy aging and minimizing a fall in your life. This program was developed and supported through the "Trauma Nurses Talk Tough" Program through Legacy Health. The topics include brain health, concussions, medication interactions, home safety, exercise information, balance, reasons for falls and how to better manage in life. Each participant gets a FREE gift from Legacy Health.

**Trainer: Brenda Luntzel,
Fitness Specialist.**

Pre-registration is required.

Deadline is Wednesday, March 6th.

EQUIPMENT TRAINING AND EXERCISE PROGRAM DESIGN

Set yourself up for success! Whether you are new to exercise or need some inspiration for a new and more challenging routine. Wherever you are in your journey to better health and fitness, you will benefit greatly from this. You will get a comprehensive personal consult, training on the equipment and a plan of action that has purpose and a positive outcome.

To schedule a training with Brenda Luntzel, Fitness Specialist at the Recreation Center, ask for the sign-up form at the front desk or call her directly at 541-574-5863.

Brenda is certified as a Personal Trainer and Medical Exercise Specialist from American Council on Exercise (ACE). She has 40 years of experience of personal training, exercise program design, and teaching land and water group exercise classes.

A consult and/or equipment training is approximately one hour.

\$48.00 or \$45.00 with Resident Discount

ZUMBA IS BACK!!

Shake up your routine at Zumba, a fun dance fitness class set to popular world beats. Reduce stress, increase cardio, tone muscle and improve balance.

Class is led by Jenny, a licensed Zumba instructor. All levels are welcome. Try your first class for FREE

Saturdays 10:30 – 11:30am

Class Begins March 23rd!!!

Instructor: Jenny Voisard

(Drop-in fee required)

Drop-ins: \$9.00 or \$7.50

with Resident Discount

10-Class Card: \$81.00 or \$67.50

with Resident Discount

YOUTH ACTIVITIES

TEEN FITNESS TRAINING

This is a 1.5-hour one-on-one session required training for anyone 12-14 years old who wishes to use the fitness center without parent supervision.

- Understanding the FIIT principle, knowledge of basic muscle groups and types of strength training and other recommended guidelines for young adults.

- Fitness Center etiquette and appropriate use of exercise equipment for a safe workout.

- Specific training of cardio and strength machines in the fitness center.

- Upon completion you will receive a teen training card.

Call 541-574-5863 to schedule the training or get a registration form at the front desk.

\$38.50 or \$32.00 with

Resident Discount

Pre-registration required by parent.

SCHOOL'S OUT AFTER SCHOOL PROGRAM

Join us for fun at the Rec Center after school. Bring your swimsuit for swim Wednesdays! Contact your school about bussing to the Rec Center. We are open most non-school days too! Please bring a lunch and snack for non-school days.

Ages: 5-12 years

Afterschool-5:30 pm Mon – Fri

Mon/Tue/Thu/Fri Daily Price \$19.00

or \$15.00 with Resident Discount

Wednesdays \$25.50 or \$21.50

with Resident Discount

Non-School days (please check for dates)

Drop off as early as 7:45

am, pick up by 5:30 pm.

\$45.50 or \$40.50 with

Resident Discount

Pre-registration is required

for both programs

USDA and this institution are equal opportunity providers and employers.

INDOOR PARK

Join a parent/child play group atmosphere which provides a place for young children to play and be active inside. We have lots of play equipment available.

Wednesday & Fridays

9:30 am – 11:30 am

Ages 4 and under

Drop-In Fee: \$3.50 or \$3.00

with Resident Discount

10-Pass: \$31.50 or \$27.00

with Resident Discount

To view the current Aquatic Center schedule, visit www.newportoregon.gov/pool and click on the Schedule tab.

WATER EXERCISE CLASSES

BOOT CAMP

A fun, exciting, and challenging water exercise program that is for all ages and fitness levels. New workouts at every class.

Tues/Thurs 5:30-7 pm; Sat 8:00-9:30 am.

Instructor: Rebecka Lakeman.

Pre-registration required.

DEEP WATER WORKOUT

A fun and vigorous workout that includes deep water cardio, core and balance exercises with some shallow water body conditioning and stretching.

Wednesdays & Fridays 8:30-9:30 am.

Instructor: Brenda Luntzel.

Pre-registration required.

AQUA INTERVAL

Interval training using the current channel, deep water exercise, steps, balance, and body conditioning. A wonderful warm water workout for any age or ability.

Tues/Thurs 11 am-12 pm.

Instructor: Rebecca Sinnhuber.

Pre-registration required.

All water exercise classes are \$9.00 or \$7.50 with Resident Discount.

10-class pass: \$81.00 or \$67.50 with Resident Discount

SIGN UP FOR THE AQUATIC CENTER EMAIL NOTIFICATION GROUP!



SCAN HERE TO SIGN UP!

This group will be notified of schedule changes, pool closures, etc.



Sensory Friendly Swim

**4th Saturday of the month
5-6 pm**



-  No hair dryers in locker rooms
-  Staff use whistles only in case of emergency
-  No announcements or music
-  Number of participants limited
-  Lazy river and fountain turned off to reduce noise



SWIM LESSONS

GROUP LESSONS

\$73.00 or \$61.00 with Resident Discount for a session of six 35-minute lessons

PRIVATE LESSONS

\$84.00 or \$70.00 with Resident Discount for a session of four 30-minute lessons

**Swim lesson sessions are dependent on staffing levels and are subject to cancellation. To stay up to date with current swim lesson sessions and registration dates, join our email notification group. Email W.McCray@NewportOregon.gov to be added to the notification group.*

We offer swim lesson scholarships! If you are interested in applying for a swim lesson scholarship, please contact Whitney (541-574-5860 or W.McCray@NewportOregon.gov)

CHECK OUT THE SPECIAL EVENTS PAGE FOR MORE INFORMATION ON SPRING SPECIAL EVENTS AT THE AQUATIC CENTER!



MILE SWIM CLUB NEWPORT AQUATIC CENTER

ANNUAL FITNESS CHALLENGE

KICK OR SWIM YOUR WAY TO 100 MILES!

1 LENGTH = 25 YARDS
1 MILE = 1,760 YARDS = 70 LENGTHS
GOAL: 100 MILES = 176,000 YARDS = 7,040 LENGTHS

Which level should I sign my child up for?



My child is between the ages of 7 months and 3 years old and I would like to begin introducing them to the water.

Enroll in our Sing & Swim class! This is an instructor led class in which the parent gets in the water with the child. We sing, play games, and have fun while getting your child comfortable in the water.



My child is at least 4 years old and cannot comfortably go underwater and hold their breath and cannot front and back float.

Enroll in our Guppies (level 1) class! This is our introduction to swim lessons class and will work on skills such as blowing bubbles, jumping in and going underwater, back/front float, and holding breath underwater.



My child is at least 4 years old and can comfortably hold their breath underwater for 5 seconds, can front and back float, and can jump in and go underwater.

Enroll in our Goldfish (level 2) class! This class will work on the fundamentals of swimming, including front/back streamline, bobbing, kicking with a kickboard, and retrieving a ring from the bottom of the pool.



My child is at least 4 years old and can front/back streamline, jump in and recover to back float, and kick with a kickboard.

Enroll in our Piranhas (level 3) class! This class will work on stroke development, including front/back streamline with kick, backstroke, side glide, and elementary backstroke.



My child is at least 4 years old and can front and back streamline with kick, backstroke, elementary backstroke, and side glide 10 feet.

Enroll in our Seahorses (level 4) class! This class will continue to work on stroke development, including treading water, diving off the side, freestyle, and side glide into freestyle.



My child is at least 4 years old and can tread water, dive off the side, and swim freestyle, side glide, and backstroke 30 feet.

Enroll in our Sharks (level 5) class! This class will work on stroke technique and endurance. It will focus on freestyle/backstroke endurance and stroke development through drills, as well as diving off the starting blocks.



Accredited by 
National Institute of
Senior Centers

20 SE 2nd Street
Phone: (541) 265-9617
www.newportoregon.gov/sc



THE 60+ ACTIVITY CENTER VISION

To make accessible a humane and meaningful center for continued growth and joyful opportunities where everyone is visible.

THE 60+ ACTIVITY CENTER MISSION

To preserve the dignity and value of all older adults in our community by providing equitable and accessible opportunities for social interaction, recreation, support services, education, volunteerism and community action.

DURABLE MEDICAL EQUIPMENT

Wheelchairs, walkers, crutches, canes, shower chairs, and toilet lifts are available for no cost to all who need them. Call to ask about adult sanitary pad availability.

CRAFTER'S CORNER GIFT SHOP

All are welcome to browse this coastal consignment gift shop with a wide variety of handmade crafts, wonderful walking sticks, beautiful jewelry, handcrafted baby blankets and booties, fashionable scarves, adorable kitchen aprons, unique hot pads, and more. Do you have something you would like to offer for sale? Inquire in the shop about our consignment opportunities.

Open whenever the 60+ Activity Center is open.

MEALS ON WHEELS – CONGREGATE DINING

Come and enjoy a fresh, hot, nutritious meal served in a social setting. **The program is every Monday, Wednesday, and Friday at noon.** Donations are encouraged. Reservations required. 541-574-0669.

MEALS ON WHEELS – HOMEBOUND LUNCH PROGRAM

Hot lunches are served to the homebound. Please call (541) 574-0669 for prices and to sign up for meals to be delivered to your home.

HOW YOU CAN ASSIST YOUR 60+ ACTIVITY CENTER:

VOLUNTEER OPPORTUNITIES

Come chat with us to find the right fit for you.

The Friends of the Newport 60+ Activity Center

Newport Senior Citizens Activity Association

60+ Activity Center Advisory Committee



DO YOU BUY GROCERIES?

Support your 60+ Activity Center with charitable contributions, at no cost to YOU! Link your Fred Meyers rewards card to the Newport 60+ Center under account code CU972, The Friends of the Newport Senior Activity Center. Visit www.fredmeyer.com/communityrewards to link your account or call 1-866-518-2686.

A BIG THANK YOU FOR YOUR SUPPORT!

REGISTER FOR CLASSES ONLINE AT
WWW.NEWPORTOREGON.GOV/SC



HEALTH & WELLNESS CLASSES

WHAT MATTERS MOST: YOUR HEALTH!

You deserve to take care of yourself! Your 60+ Activity Center offers many evidence-based programs, which means they have been proven to work! These designed programs can increase your strength, balance, mobility, flexibility, and overall health. Let us help you reach your goals. Classes have different fitness levels from beginning to advanced. Please check with the class leader or instructor to find out if the class is a match for you.

ARTHRITIS EXERCISE PROGRAM

Whether you have arthritis or related diseases, or you just want to prevent it, this program's multiple components will help reduce pain and stiffness, and help you maintain or improve your mobility, muscle strength, and functional ability. **Class leader is Rose Ebel.**

Wednesday & Friday, 9:30 – 10:30 am

PARA INFORMACION EN ESPANOL

Para mayor información usted puede visitar nuestra página del internet en newportoregon.gov/dept/par. En la esquina inferior del lado izquierdo de la página, seleccione el language que usted prefiere, luego haga clic en el botón TRANSLATE y el language se ajustará a su preferencia. La mayoría de la formas que usted necesitará están disponibles en español en el Centro de Receación.



STRENGTH & BALANCE

Designed to gradually improve balance and strength, this class will help you to avoid falls and to maintain independence. **This is a video-led class.**

Friday, 1:00 – 2:00 pm



BLOOD PRESSURE CLINIC

Keep track of your blood pressure with this drop-in blood pressure clinic by local nurse, Hailey Mahler. Blood glucose testing also available. No appointment needed.

Every 1st Friday, 9:00 – 11:00 am

JIN SHIN JYUTSU

Based on the book, "The Touch of Healing: Energizing Body, Mind and Spirit with the Art of Jin Shin Jyutsu," this class will "restore you to a knowledge of yourself and your innate ability to improve the quality of your life." **Led by volunteer Susan Cooper.**

2nd Wednesday of the month, 11:00 am – 12:00 pm

LINE DANCING

- BEGINNING

This class is designed for people who have never line danced as well as those who want to review basic line dance steps or just enjoy doing easier dances to slower music.

Wednesday, 1:00 – 2:00 pm

- IMPROVERS

This class is for those dancers who are already familiar with line dance steps and dances.

Wednesday, 2:00 – 3:00 pm

- INTERMEDIATE

The Intermediate Class is for more experienced dancers. In this class you will be doing a variety of dances, some quite complicated, and some quite fast, but still fun.

Wednesday, 3:00 – 4:00 pm

Class leader for all line dance classes is Mary Peterson.

SOCIAL BALLROOM DANCING

Learn the Foxtrot, Waltz, and Rumba in this easy-to-learn, social ballroom dance class. Come alone or bring a partner.

Class is taught by Bonnie Prater.

Monday, 1:30 – 3:30 pm

MEDITATION

Meditation is now mainstream and is being practiced in many different ways. The meditation that will be taught has its roots in Zen practice.

Class leader is Joseph Armenio.

Tuesday, 9:00 – 10:00 am

CHAIR YOGA

Chair Yoga accommodates people who cannot get up and down easily from the floor. This style of yoga can be a very complete workout that increases flexibility and strength, while incorporating breathing techniques that are both energizing and calming. **Class leader is Michelle Annette.**

Tuesday & Thursday, 11:05 – 12:00 pm

GENTLE YOGA

Gentle yoga available for all levels. Enjoy a relaxing stretch-type class, modifications available. Must be able to get up and down off the floor.

Class leader is Deborah Marsh.

Tuesdays, 1:00 – 2:00 pm, Thursdays, 2:30 – 3:30 pm

TAI CHI FOR ARTHRITIS

Improve movement, balance, strength, flexibility, immunity and relaxation while you decrease pain and falls. This is a six-week class.

Led by Bryn McCornack.

Tuesday, 1:00 – 2:00 pm and Thursday, 10:30 – 11:30 am

SILVER SNEAKERS CLASSIC

This fun fitness program will help maintain and improve cardiovascular conditioning, circulation, flexibility, and muscle tone.

Class leader is Pam Gardner.

Tuesday, & Thursday, 10:00 – 10:55 am

MOVE WITH MARY

You will start this fun class with a warm-up and transition into exercises, using weights, a ball, or band all done while standing or sitting. All abilities are welcome! Come and get moving!

Class leader is Mary Peterson.

Monday, 10:00 – 11:00 am

DANCE WITH MARY

Come check out the variety of dance moves we have fun with to our collection of music CD's. It's not just a workout, it's FUN!

Class leader is Mary Peterson.

Monday, 11:00 – 12:00 pm

LET'S GET MOVING! HYBRID WALK WITH EASE

Build confidence, get moving, improve your health. This class helps people improve their balance, reduce chronic pain, and increase flexibility and comfort moving. Join live or via Zoom. If you do not have the technology or know how, we can help. Call the office to learn more.

Class leader is Bryn McCornack.

Tuesday, 12:00 – 1:00 pm and Thursday, 9:30 – 10:30 am

USE THE QR CODE BELOW TO REGISTER NOW.



SOCIAL GROUPS

Meeting People & Having Fun

The City of Newport is "The Friendliest". The 60+ Activity Center offers the chance to join existing Social Groups

COFFEE AND CONVERSATION WITH SONIA

Everybody is invited to join us to meet others and share your thoughts, ideas, desires, and input regarding your 60+ Activity Center. Sweet treats provided by Oceanview Senior Living.

2nd Tuesday of every month, 2:00 pm

BIRTHDAY CELEBRATION LUNCH

A time to celebrate with those who have a birthday during the month. Veterans of all ages, and everyone 60+ with a birthday in that month is invited to join us for a complimentary, celebratory lunch and Bingo for themselves, and a plus one!

3rd Wednesday of every month, 12:00 pm (Bingo at 11:00 am)

OPEN BOARD GAMES

Tuesday, 10:00 am – 1:00 pm

Bring your favorite board game and come play with others.

WII BOWLING

You can enjoy the fun of bowling, without the weight of a bowling ball. Stop by and experience for yourself while you make new friends.

Tuesday, 9:30 – 11:00 am

KNITTING GROUP

Crafty fun for all ages. Knitting is a great tool to keep your fingers limber and your mind sharp while enjoying the company of other knitters. Supplies abound, so come and join in.

Tuesday, 1:30 - 3:00 pm

BINGO

Bingo fun with prizes and socialization.

Monday, Wednesday, and Friday, 11:00 – 11:45 am - \$0.25 donation to play.

PARTY CONTRACT BRIDGE

Bring your lunch, play and learn with this casual, non-competitive, bridge game.

Games hosted by Bruce Howard.

Monday, 11:00 am – 1:00 pm

DUPLICATE BRIDGE CLUB

Duplicate Bridge is the most widely used variation of contract bridge in club and tournament play.

Thursday, 12:30 – 4:30 pm



MAH JONGG

Master the art of this mysterious Chinese tile game. Instructions are available.

Monday, 1:00 – 3:00 pm

MAH JONGG 101

An exciting tile game that came to the U.S.A. in the 1920's, Mah Jongg is played by four players, each striving independently to create a successful hand from 152 tiles. The class will be taught to National Mah Jongg League (bet you didn't know there was one!) standards. After a couple of classes, we will be learning as we play. Class size is limited to 8. Cost: \$10.00 for player cards, payable to the instructor.

Instructor is Barbara Bush.

Tuesday, April 2 – May 7, 1:00 – 3:00 pm

DOMINOES, MEXICAN TRAIN

The object of the game is for a player to play all of the dominoes from their hand onto one or more chains.

Wednesday & Friday, 11:30 am – 4:30 pm

SCRABBLE

Scrabble is a board game in which words are formed from letters in patterns similar to a crossword puzzle.

Tuesday, 1:00 – 3:00 pm

PINOCHLE

Pinochle is a trick-taking Ace-Ten card game typically for two to four players and is played with a 48-card deck.

Friday, 11:00 – 2:00 pm



NEWPORT 60+ ACTIVITY CENTER

10 MARCH, APRIL, MAY - 2024

SENIOR DISCUSSION GROUP

Drop in to chat about anything and everything from Artificial Intelligence to cataract surgery; from the best restaurant in Newport to Wordle or crabbing season. Except for no politics or religion, come talk with others about whatever you think is interesting. **Led by volunteer Marvin Straus.**

2nd Tuesday of the month, 11:00 am – 12:30 pm



OPEN POOL GAMES

Come and shoot pool with your friends!

Monday – Friday, 8:30 – 5:00 pm

101 CALL SHOT POOL

This pool game invites bank, combination, and carom shots. Chalk your cue!

Host Bruce Howard.

Mondays 2:00 – 4:00 pm

OPEN PING PONG

Bring a friend for fun, socialization, and exercise with our ping pong table.

Monday – Friday, when Multi-Purpose Room or Education Room is available

OPEN MIC AND MUSIC JAM

Acoustic instrument jam and open mic, hosted by Morgen Silverhorn. Musicians should bring their acoustic instruments, check in, and "we will see what happens". This is open to musicians of all abilities, and everyone is invited to attend even without an instrument.

First, third, and fifth Mondays of the month, 2:00 – 4:00 pm

QUILTING SOCIAL

Bring your projects to work on. Come share your questions, thoughts and ideas with this social quilting group.

Tuesday, 9:00 am – 1:00 pm

ART CLASSES



WATERCOLOR

Draw into that inner beauty and hidden talent! With Shirley Steinhauer's experience and expertise, you will surely discover the artist in you! For those who do have supplies, you are encouraged to bring them to class.

Thursday, Starting May 2, 9:00 – 11:00 am and 1:00 - 3:00 pm

DRAWING WITH COLORED PENCILS

Karen Robnett offers a free colored pencil class for those people interested in learning how to create their own masterpiece! All materials are provided, but people who do have their own supplies are encouraged to bring the supplies to class. Class size is limited, so sign up now!

Wednesday, Starting May 1, 1:00 – 3:00 pm

MULTI-MEDIA ART CLASS

Karen Robnett offers a class using various media including charcoal, pastels & pen and ink. All materials are provided, but people who have their own supplies are encouraged to bring them to class. Class size is limited, so sign up now!

Wednesday, Starting May 1, 9:00 – 11:00 am

ART WORKSHOP WITH SHERILYN

Students from our various art classes will meet to hone their skills while instructors Shirley Steinhauer and Karen Robnett take a brief hiatus from teaching their classes.

Thursdays, March 28 – April 25, 1:00 – 3:00 pm



PHOTOGRAPHY – THE BASICS

Learn about the use of the dial mode and the different menus. Learn the meaning of the camera icons and how to use them properly to take different types of photos.

Instructor is Paul Calkins.

Fridays, March 1 - 22, 10:00 am - noon

PHOTOGRAPHY – BEYOND THE BASICS

This class is for those who wish to learn more about creative uses of their digital camera, exploring the use of program, aperture, shutter priority and manual modes.

Instructor is Paul Calkins.

Fridays, April 5 - 26, 10:00 am – noon

TRAVEL ADVENTURES

Join us for wild and wacky adventures with the 60+ Activity Center...who knows where it might lead...Contact the 60+ Activity Center to register and for more information.

WILLS, TRUSTS, & ESTATES PREPARED BY STACEY MEALER

Days and times TBD. Please call the 60+ Activity Center for an appointment.

More classes, presentations, and activities to be added – please visit our website at www.newportoregon.gov/sc, use the QR code below, or call 541-265-9617 for the upcoming schedule and to learn what is new.

SPRING SPORTS

COACHES NEEDED!!!!

We are always in need of volunteer coaches for our middle school and youth programs. Coaches get to enroll one child for free. You must be able to pass a criminal background check. Experience is not required. We will give you everything you need to successfully manage a team.

6TH-8TH GRADE TRACK & FIELD

Run. Jump. Throw. The Middle School Track and Field program allows athletes to practice and compete in various athletic contests. Athletes can register at the recreation center and practices will occur at Newport High School Track. Volunteer coaches are needed!

- \$153.50 or \$128.00 with Resident Discount
- Scholarships are available as funds allow
- Registration Deadline: March 5th, 2024

ADULT 5-ON-5 BASKETBALL LEAGUE

Games are played on Tuesday or Thursday evenings. The league consists of an 8-game regular season, plus an end-of-season tournament and all-star game.

- Fee: \$550.00 per team
- Registration Deadline: March 30th 2024

NEWPORT VOLLEYBALL ACADEMY

Bump. Set. Spike your way into a better 2024 season. Focused on fundamental skill progression, this academy is geared toward taking your game to the next level. Every Monday and Wednesday girl's 6th – 8th grade have the opportunity to participate in a competitive environment with expert instruction.

- \$325.00 or \$260.00 with Resident Discount
- Scholarships are available as funds allow
- Assessment March 20th
- Start Date: April 1st

YOUTH BASEBALL & SOFTBALL

The Newport Baseball & Softball Association runs youth baseball and softball programs. Registration and season information can be found by going to www.facebook.com/nbasa or www.quickcores.com/nbasa.

YOUTH OUTDOOR SOCCER

The Central Coast Soccer Association runs youth outdoor soccer programs. Registration and season information can be found by going to www.centralcoastsoccer.org.

UPCOMING SUMMER CAMPS

Keep an eye on our Facebook/Instagram pages for updates on youth sports!

Find your adventure! Make new friends and learn new things this summer with our summer camp selection. Make this summer one to remember exploring, crafting and soaking up the sun through our various summer camp offerings. We have both full day and half day camps .

TYPES OF ACTIVITIES:

- Intermediate Survival Camp
- Archery Camp
- Adventure Paddle Camp
- And more!

DROP-IN SPORTS

ADULT DROP-IN NOON BASKETBALL

These games are a light hearted, call your own fouls affair, and usually feature a wide range of ages and skill levels. Everyone 16 and older is welcome.

- Wednesday, Friday: 12:00 pm - 2:00 pm

ROLLER-SKATING

Grab your rollerblades or skates and drop in for a family friendly roller-skating session.

- Wednesday: 4:30 pm - 6:00 pm

ADULT DROP-IN INDOOR SOCCER

These are low-pressure pickup games for those who want to play for the enjoyment. This program is for those who want to continue playing through the rainy months. Play usually features a wide range of ages and skill levels.

- Friday 6:00 pm – 7:50 pm

ADULT DROP-IN VOLLEYBALL

Join us for casual and fun drop-in volleyball sessions, where players of all levels come together for friendly matches and a great time on the court. Whether you're a seasoned pro or new to the game, our drop-in volleyball is the perfect opportunity to spike, set, and score in a relaxed and inclusive environment.

- Wednesday & Friday 6:00 pm – 8:00 pm



OPEN GYM

A schedule of gym availability is posted on calendars at the control desk of the Recreation Center. You may call during building open hours to check on the schedules. Schedules are subject to change, but every effort will be made to adjust the schedules well in advance so that notice can be given to frequent users.

For up-to-date information about all of our current sports programs, please visit www.newportoregon.gov/sports or contact Zach Koprowski at z.koprowski@newportoregon.gov



PICKLEBALL

Pickleball is a combination of tennis, badminton, ping-pong, and racquetball. Fast paced, easy to learn and lots of fun. To provide a better experience for all, please play on the appropriate skill level court to allow equal playing time for others.

TUESDAY/THURSDAY

- Skill Level 4 – 5: 8:00 am – 9:30 am
- Skill Level 3.5 – 4: 9:30 am – 11:30 am
- Skill Level 1 – 3: 11:30 am – 3:00 pm
- All Skill Levels: 6:00 pm – 7:50 pm (Tuesday Only)

WEDNESDAY/FRIDAY

- Skill Level 3.5 – 5: 12:00 pm – 1:30 pm
- Skill Level 1 – 3: 1:30 pm – 3:00 pm

SATURDAY

- Skill Level 4 – 5: 8:00 am – 9:30 am
- Skill Level 3.5 – 4: 9:30 am – 11:30 am
- Drills (All Skill Levels) 11:30 am – 12:30 pm
- Skill Level 1 – 3: 12:30 pm – 3:00 pm

REGISTER NOW!



SPECIAL ACTIVITIES & EVENTS

12 MARCH, APRIL, MAY - 2024

KEEP UP TO DATE WITH SPECIAL EVENTS ON OUR FACEBOOK PAGE!

SPECIAL ACTIVITIES



LOW TIDE LEARNING; FORAGER FOODS

Are you curious about what lives below the tides? Want to know what's safe to eat in an emergency situation (or a fun dinner party)? We will explore how to identify and safely and respectfully harvest seaweeds and animals.

Available dates:

Tuesday, May 28th, 10 am – 12 pm

Saturday, June 8th, 7:30 am – 9:30 am

Monday, June 24th, 8 am – 10 am

LOCATION: SEAL ROCK STATE PARK

Please note, parking is limited. There will be 9 spaces available in a shuttle to the park. The shuttle leaves the Rec Center 30 minutes before class start time. While everyone is welcome, please be aware there is steep hill down to the beach with a paved trail. **Wear sturdy shoes that can get wet or rubber boots.** The rocks will be slippery. Ages 12 and up, all children must be accompanied by an adult.

Cost per person: \$14.50 or \$12.50 with Resident Discount. Optional Shuttle Fee: \$5.

(pre-registration is required, register by Friday the week before)

TIDEPOL EXCURSION

It's a negative tide and we have two trips this year! Join our knowledgeable guide as we visit areas only exposed during negative tides and learn about the animals and seaweeds we find. **Wear sturdy shoes that can get wet or rubber boots.** The rocks will be slippery. Ages 12 and up, all children must be accompanied by an adult.

LOCATIONS AND DATES:

Otter Crest

Thursday, May 9th, 7 am – 9:30 am

Otter Crest; meet at Spyglass restaurant parking lot. Please be aware there are multiple flights of stairs down to the beach.

Otter Crest trip: \$16.00 or \$14.00 with Resident Discount

(pre-registration is required, register by Wed the week before)

Neptune State Park

Friday, May 10th, 8 am – 10:30 am

Neptune State Park is about 40 minutes south of Newport. 9 spaces will be available in a shuttle or participants are welcome to drive on their own. Meet at the Rec Center at 7am, shuttle leaves at 7:15am and returns by 11:15am. Or meet at Neptune at 8am.

Please be aware there are a few steps down over rocks to the beach from a paved trail.

Neptune trip: \$21.50 or \$19.50 with Resident Discount. Optional Shuttle Fee: \$5 (pre-registration is required, register by Wed the week before)

Mermaid School
NEWPORT AQUATIC CENTER

March
Saturdays
3/2-3/30
10:30-11:30 AM

April
Fridays
3/29-4/19
3:30-4:30 PM

\$65 Residents
\$75 Non-residents

Swim test required on first day of class.
Participants must bring their own tail.

Ages 7-14

MERMAID SCHOOL

Session 1: Saturdays March 2-30 (no class 3/9) 10:30-11:30 am

Session 2: Fridays March 29-April 19 3:30-4:30 pm

Get ready for big smiles and even bigger splashes! This one-hour lesson transports you to an underwater world of magic filled with enchantment and wonder. Kids and adults will work with an expert mermaid instructor to learn how to swim with a mermaid tail. As you learn how to swim with a tail, get ready for a variety of fun games, challenges, and a great core workout.

***Ages 7-14. Participants must pass a swim test (swimming 50 yards/2 lengths of pool on their own).**

\$75.00 or \$65.00 with Resident Discount

SCUBA CERTIFICATION CLASS

June 14, June 15, June 16, June 22, June 23

Registration deadline: May 15

A highly trained PADI instructor will teach you how to scuba dive in a relaxed, supportive learning environment. By the end of the course, you'll have the skills and knowledge to dive at home or abroad and be an ambassador for the underwater world. The first 3 classes will be taught at the aquatic center, and the last two class dates will be at Woahink Lake in Florence.

\$600 per person

BASIC SEWING

This class is designed for the beginner who wants to understand how to use a sewing machine, how fabric works, and would like to be able to pick up a pattern, understand it and use it. Participants will need to bring a sewing machine and purchase other supplies as shown at first session.

Instructor Kris Martin.

Thursdays, April 28 – May 30, 10:30 am-12:00 pm

6-Week Session: \$72.00 or \$60.00 with Resident Discount

SPECIAL EVENTS



ART IN APRIL

Our artists have been busy creating beautiful pieces. Come see what they've been up to at our Art in April art show! With over 70 artists, you're sure to find that perfect something.

April 13th, 10 am – 4 pm

Free admission

This is a sold out show! If you would like to be on our artist list for future shows, please contact j.remillard@newportoregon.gov

ARBOR DAY CELEBRATION

Friday, April 26th at the Library!

Join us in celebrating one of our amazing resources; trees! We'll have activities and information about trees, partner organizations, kids' activities, and more, including a tree seedling giveaway.

Keep an eye on our Facebook event page for more information.

EGG DIVE

March 23, 12:30-2 pm (session 1), 2:30-4 pm (session 2)

Our popular annual Egg Dive is back! Dive for eggs and cash your eggs in for prizes. The Aqua Bunny will be present once again for pictures.

\$7.00 or \$6.00 with Resident Discount

SPRING BREAK SWIM SPECIALS

March 26-30

Spend your spring break at the pool! Join us for a week of fun including pool parties, water fitness, snacks, and prizes.

UNDER THE SEA

May 11, 1-3 pm

Dive into a magical afternoon at the Aquatic Center filled with games, swimming, and fun with Aqualina, the Yaquina Bay Mermaid.

\$7.00 or \$6.00 with Resident Discount

COAST HILLS CLASSIC MOUNTAIN BIKE RACE

April 28, 2024

The 2024 Coast Hills Classic Bike Race is returning on April 28th. Last year's race offered plenty of muddy trails that left both pros and beginners with smiling faces and dirty bikes. Once again, this year's race is entered into the Oregon MTB XC Series which will bring PNW racers to Newport. The course is designed with stunning ocean views, amazing single-track and one of the most electrifying rider-fan interactions around. 100% of the race proceeds goes to Newport Parks and Recreation Department's Youth Scholarship Program. Visit our race website for more details, www.CoastHillsClassic.com.



DAVID'S CHAIR BEACH TRACK CHAIR PROGRAM

Newport's Beach Mobility Program is a partnership with the David's Chair Organization, and provides independent mobility and access to Newport's beaches for people with all abilities. The City provides access to the track chair FREE of charge. The chair allows users with mobility issues to enjoy the beach with one (1) battery-operated track chair located at Don and Ann Davis Park, at 840 W Olive St Newport, OR 97365.

All reservations are to be made through David's Chair online reservation system at www.davidschair.org.



NEWPORT PARKS AND RECREATION SPRING 2024 ACTIVITY GUIDE

<http://www.newportoregon.gov/Recreation>



MONTHLY SPECIALS

MARCH

Purchase one 10-VISIT PASS, get a second one for ½ price!
(not applicable for class punch cards)

APRIL

Take an additional 10% off any 1 or 2-person ANNUAL PASS PURCHASE!
(Not to be combined with the group rate)

MAY

10% off any 3-MONTH PASS!

Fridays

Youth day - \$3 each (ages 3-17 yrs. old)

Tuesdays & Thursdays

Senior day - \$3 each (60+ yrs. old)

Register for programs, pay for passes & activities with your new PARKS AND RECREATION ONLINE ACCOUNT!

1. Log on to newportoregon.gov/recreation
2. Click on Login/Create New Account
3. Select account setup preferences
4. Build, customize, and add all family members to your account
5. Add your phone number to receive SMS notifications
6. Register for your next Parks & Recreation activity or pass

You can also log-in using your Facebook or Google Account!

Need additional help? Check out our how-to videos! <https://www.youtube.com/playlist?list=PLDvBAeqXeDGPAA6A pWDIH9yQNhwWAAfq3>



SUPPORT THE FRIENDS OF NEWPORT PARKS & RECREATION

The Friends' mission is to assist in preserving, protecting, and helping all things parks and recreation for the City of Newport. For more information on how to get involved or to make a donation, contact the Friends of Newport Parks & Recreation at friendsofnpri@yahoo.com.

POLICIES

GENERAL REGISTRATION: We ask that you pre-register for all activities and classes to avoid cancellation due to low enrollment.

LATE REGISTRATION: Participants joining a class at its mid-point or beyond will pay 50% of the original fee. There will be no prorated amount prior to the midpoint of a class. Late registration will only be permitted pending instructor approval and space availability.

PAYMENT: All programs and reservations require full payment of fees at the time of registration.

REFUND POLICY: Full refunds will be given if this Department cancels classes. At the participant's request, prorated refunds will be given after a class begins, subject to a \$10.00 service charge to recover administrative expenses. Please allow 3-4 weeks for processing. (effective 7/1/19) For a full description of our refund policy, please go to <https://newportoregon.gov/dept/par/rec/documents/RefundPolicy4-8-19.pdf> Annual pass-holders have 30 days from the date of purchase to request an annual pass refund. After 30 days, a \$75 service charge will be deducted from the refund amount.

PASS EXTENSIONS: Pass extensions are allowed for annual passes only due to medical reasons. Vacations will not be considered for pass extensions, and passes cannot be "put on hold" or temporarily suspended. A request must be accompanied by a doctor's verification, and only one pass extension per year will be granted. A minimum four-week extension is required for all pass extensions.

SCHOLARSHIPS AND FINANCIAL ASSISTANCE: Scholarships and Financial assistance are available to Newport residents for certain programs for those who qualify as funds allow. Please contact us for current information.

PHOTO USAGE: On occasion, staff may take photos or videos of participants. Please be aware that these may be used in future guides, pamphlets, flyers, and for general publicity of programs and activities.

FITNESS CENTER (entire upstairs)

Ages 0-11 Not permitted in Fitness Area
Ages 12-14 Permitted w/Teen Fitness Card or parental supervision
Ages 15 & up Permitted without adult supervision
(Infants in strollers – no more than one lane wide – allowed on track only)

UNATTENDED CHILDREN

The Newport Recreation Center prohibits leaving any child under the age of 12 unattended and/or unsupervised. This includes anywhere on Recreation Center property.

The Aquatic Center will prohibit leaving any child under the age of 10 unattended and/or unsupervised. Any child under the age of 7 must have a parent present in the water (within an arm's reach of them).

HOURS Facility Hours of Operation

DAYS & HOURS FOR THE RECREATION CENTER:

Tuesday - Friday 7:00 am – 8:00 pm
Saturday - 8:00 am – 7:00 pm
Sunday- CLOSED
Monday - CLOSED

DAYS & HOURS FOR THE AQUATIC CENTER:

Tuesday - Friday 7:00 am – 7:00 pm
Saturday - 8:00 am – 6:00 pm
Sunday- CLOSED
Monday - CLOSED

DAYS & HOURS FOR THE 60+ ACTIVITY CENTER:

Monday - Friday 8:30 am – 5:00 pm
Saturday & Sunday - CLOSED

HOLIDAY CLOSURES:

May 27, 2024 – Memorial Day

MEMBERSHIP PASSES (Effective July 1st 2023)

RECREATION & AQUATIC CENTER PASSES:

Recreation Center passes allow residents and non-residents use of the walking/jogging track, cardio and strength training areas, gymnasium drop-in activities and most daily programs at the Aquatic Center.

NEWPORT RECREATION & AQUATIC CENTER

		STANDARD	RESIDENT DISCOUNT
Infant: 0-2 yrs. (pool only)	DAILY FEES	\$ 3.50	\$ 3.00
	10-Pass	\$ 31.50	\$ 27.00
Infant – 4 yrs. Indoor Park	DAILY FEES	\$ 3.50	\$ 3.00
	10-Pass	\$ 31.50	\$ 27.00
Youth: 3-17 yrs.	DAILY FEES	\$ 5.00	\$ 5.00
	Fridays	\$ 3.00	\$ 3.00
	10-Pass Card	\$ 41.50	\$ 34.50
	3-Month Pass	\$ 92.00	\$ 76.50
	Annual Pass	\$ 282.50	\$ 235.50
Adult: 18-59 yrs.	DAILY FEES	\$ 8.00	\$ 6.75
	10-Pass Card	\$ 64.00	\$ 53.00
	3-Month Pass	\$ 225.00	\$ 188.00
	Annual Pass	\$ 614.25	\$ 512.00
Senior: 60+ yrs.	Daily Fees	\$ 7.50	\$ 6.00
	Tues/Thurs	\$ 3.00	\$ 3.00
	10-PASS CARD	\$ 52.50	\$ 43.50
	3-MONTH PASS	\$ 150.50	\$ 125.50
	ANNUAL PASS	\$ 451.00	\$ 376.00

ANNUAL PASS DISCOUNT 3 MONTH DISCOUNT

Any 2= 10%	Any 2= 5%
Any 3= 15%	Any 3= 10%
Any 4= 30%	Any 4= 15%
Any additional youth above 2 children = \$ 75 each (must all be in the same family)	Any 5= 20%

NON-RESIDENT DISCOUNT CARD (12-MONTH PERIOD, NON-RETRO-ACTIVE)
 \$53.25 per family of 3 or less
 \$106.50 per family of 4 or more
 (With this discount card, pay resident prices on all membership passes, activities, reservations, and more.)

DEBIT PLAN

When you sign up for an annual pass, you can pay monthly using our debit plan. For more information, please contact the Recreation Center at 541-265-7783.

GROUP RATES:

Discounted rates for businesses, organizations, or groups of 10 or more are available on annual passes. Contact the Recreation Center at 541-265-7783.

Pass extensions are allowed for annual passes only due to medical reasons. Vacations will not be considered for pass extensions, and passes cannot be "put on hold" or temporarily suspended. A request must be accompanied by a doctor's verification, and only one pass extension per year will be granted. A minimum four-week extension is required for all pass extensions.

60+ CENTER

	Standard	Resident Discount
Annual All-Inclusive Pass	\$40.00	\$35.00
Annual Social Pass	\$15.00	\$10.00
3-Month Pass	\$25.50	\$18.00
1-Month Pass	\$ 8.50	\$ 6.50
Single-Day Pass	\$ 4.00	\$ 2.50

RENTAL FEES (Effective July 1st, 2023)

*Discounted rates apply for public, civic, and non-profit organizations

60+ ACTIVITY CENTER

The 60+ Activity Center has a variety of facility rentals to meet your needs. Call to reserve.

Room Rental Fees	Prices Up To*
Health and Wellness Studio	\$24.00/hour
Education Center	\$24.00/hour
Lounge	\$24.00/hour
Multi-purpose /Prep kitchen	\$39.00/hour

NEWPORT RECREATION CENTER RENTAL

	Standard	Resident Discount
Full Classroom/Meeting room		
Aerobics/Dance Room	\$26.50/hour	\$22.50/hour
1/2 Multi-Purpose room	\$34.00/hour	\$28.00/hour
Full Multi-Purpose room	\$43.50/hour	\$36.50/hour
*Kitchen, additional	\$87.50/hour	\$72.50/hour
1/2 Main Gym	\$9.00/hour	\$7.50/hour
Small Gym	\$44.50/hour	\$37.25/hour
Full Gym	\$88.00/hour	\$73.00/hour

AQUATIC CENTER

Per Pool Per Hour	Standard	Resident Discount
1-20 people	\$134.00	\$106.00
21-40 people	\$159.50	\$127.00
41-60 people	\$185.00	\$148.00
61-80 people	\$211.50	\$169.00
81-100 people	\$231.00	\$191.00

LANE RENTALPER HOUR

1 Lane	\$19.00
2 Lanes	\$38.00
3 Lanes	\$57.00
4 Lanes	\$76.00
5+ Lanes	Full pool rental

For pool rentals, please contact the pool directly to confirm availability @ 541-265-7770

ARE YOU COVERED?

We accept some insurance programs!

Recreation Center and Aquatic Center only

GREY & GOLDEN

Recreation Center, Aquatic Center, and 60+ Center

SILVER SNEAKERS

SILVER & FIT

RENEW ACTIVE

Check with your insurance provider for eligibility





We take insurance!



ARE YOU COVERED UNDER THESE POLICIES?



We are proud partners with these healthcare insurance providers to help our community meet their fitness goals!

Contact your insurance to see if you qualify!

1

SILVER AND FIT

<https://www.silverandfit.com/>
877 427 4788



2

SILVER SNEAKERS

<https://silversneakers.com/>
866 584 7389



3

RENEW ACTIVE

<https://www.uhcrenewactive.com>
855 604 1588



4

GREY AND GOLDEN

www.greyandgolden.org

