



From the FARM to the TABLE: Maximizing our use of Local Foods in Lincoln County

You are invited to attend and participate in conversation, discussion, and lectures about how we can maximize our use of **locally-available foods by using our fisheries resources, landscaping with vegetables and herbs, and growing the top 10 vegetables that thrive on the Oregon coast.** The session occurs:

**Thursday, September 23rd, from 9:00 a.m. to 12 noon
at the Newport Public Library Conference Room**

Topics include:

- ◆ Marketing Local Seafood
- ◆ Landscaping with Vegetables and Herbs
- ◆ Lincoln County Foods Update
- ◆ Ten Vegetables to Grow on the Oregon Coast

Registration is free, but required.

Please call 541-574-6534 to register.

Refreshments will be provided; please come with your coffee mug. We hope to see you there!

See our Local Foods Connection Web site at <http://lincolncfoods.org>

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