

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>♥ BBQ Chicken Sandwich or <u>Kielbasa w/Sauerkraut</u> on a Bun Lyonnaise Potatoes Confetti Bean Salad Wacky Cake</p> <p style="text-align: right;">2</p>	<p>♥ Chicken Pasta w/Peanut Sauce or <u>Beef Cabbage Bake</u> Country Trio Vegetables Fresh Melon Cup Sunflower Seed Roll Butterscotch Bar</p> <p style="text-align: right;">3</p>	<p>♥ Spinach Lasagna or <u>Farmer's Chicken Stew</u> Whole Kernel Corn Greek Tossed Salad Garlic Roll Sherbet</p> <p style="text-align: right;">4</p>	<p>♥ Roast Turkey w/Gravy or <u>German Meatballs</u> Colcannon Potatoes Scandinavian Blend Vegt Dill Bread Sugar Cookie</p> <p style="text-align: right;">5</p>	<p>♥ Meatloaf Sand Half or <u>Turk Pastrami Sand Half</u> on Whole Wheat Bread Chicken Mixed Rice Soup Carrot Mandarin Salad Chocolate Fluff</p> <p style="text-align: right;">6</p>
<p>♥ Beef Stew or <u>Southern Chicken & Rice</u> Lima Beans Garden Vegetable Salad Squash Roll Gelatin Jewels w/Whipped Topping</p> <p style="text-align: right;">9</p>	<p>♥ Baked Ham w/Orange Sc or <u>Roast Beef w/Gravy</u> Garlic Whipped Potatoes Whole Kernel Corn Seven Grain Bread Joy's Applesauce Cookie</p> <p style="text-align: right;">10</p>	<p>♥ Turkey & Cheddar Salad or <u>Krab Salad</u> on Spinach Romaine Salad Cream of Broccoli Soup Whole Wheat Roll Pumpkin Bar</p> <p style="text-align: right;">11</p>	<p>♥ Tuna Salad Sand Half or <u>Chicken Salad Sand Half</u> on Whole Wheat Bread Minestrone Soup Marinated Vegetable Salad Vanilla Pudding</p> <p style="text-align: right;">12</p>	<p>♥ Caribbean Chicken Brst or <u>Roast Pork w/Gravy</u> Steamed Spinach Cuke/Tomato/Onion Salad Rye Bread Peach Crisp</p> <p style="text-align: right;">13</p>
<p>♥ Tuna Loaf w/Cream Sc or <u>Beef Mushroom Patty</u> Lyonnaise Potatoes Broccoli Cuts Oatmeal Bread Lemon Pudding</p> <p style="text-align: right;">16</p>	<p>♥ Chicken Supreme or <u>Meatloaf w/Gravy</u> Whipped Potatoes Peas & Carrots Herbed Bread Red Poke'n Pour Cake</p> <p style="text-align: right;">17</p>	<p>♥ Shvd Turkey Sand Half or <u>Cold Cut Sand Half</u> on Whole Wheat Bread Split Pea Soup Marinated Zucchini Salad Chocolate Oat Bar</p> <p style="text-align: right;">18</p>	<p>♥ Veal Scallopini or <u>Homestyle Turkey Patty</u> Whipped Potatoes Cut Green Beans Multigrain Bread Fresh Watermelon</p> <p style="text-align: right;">19</p>	<p>♥ Ham & Cheese Salad or <u>Egg Salad</u> on Spinach Romaine Salad Lentil Soup Whole Wheat Bread or Roll Cowboy Cookie</p> <p style="text-align: right;">20</p>
<p>♥ Brd Bkd Fish w/Tartar Sc or <u>Chicken Patty Parmesan</u> Delmonico Potatoes Sunshine Salad Multigrain Roll Mocha Nut Cookie</p> <p style="text-align: right;">23</p>	<p>♥ Turkey Salad or <u>Ham Salad</u> with Whole Wheat Roll Navy Bean Soup Country Slaw Peanut Butter Bar</p> <p style="text-align: right;">24</p>	<p>♥ Broccoli Cheese Strata or <u>Spaghetti w/Meat Sauce</u> Green Peas Summer Mixed Fruit Cup Potato Wheat Roll Chocolate Pudding or Birthday Cake</p> <p style="text-align: right;">25</p>	<p>♥ Hot Beef Sandwich or <u>Hot Turkey Sandwich</u> Whipped Potatoes w/Gravy Mixed Vegetables Whole Wheat Bread Zucchini Brownie or Birthday Cake</p> <p style="text-align: right;">26</p>	<p>♥ Swiss Style Beef Patty or <u>Ham Meatballs</u> Scalloped Potatoes Peas & Onions Cracked Wheat Bread Birthday Cake</p> <p style="text-align: right;">27</p>
<p>♥ Swt/Sr Turkey w/Rice or <u>Diced Beef & Pasta</u> Broccoli Cuts Cardinal Pear Mold French Roll Chocolate Chip Bar</p> <p style="text-align: right;">30</p>	<p>♥ Zucchini Lasagna or <u>White Chili w/Chicken</u> Whole Kernel Corn Country Coleslaw Oat Bran Roll Cinnamon Applesauce</p> <p style="text-align: right;">31</p>	<p style="text-align: center;">Suggested Donation: \$2.75 per meal</p> <p style="text-align: center;">1% Milk served with all meals</p>	<div style="text-align: center;">  <p>WOMEN'S EQUALITY DAY THURSDAY, AUG. 26</p> </div>	<p style="text-align: center;">NORTHWEST SENIOR & DISABILITY SERVICES</p> <p style="text-align: center;">AUGUST 2010</p>