



**DIABETES EDUCATION SEMINAR AT:
THE NEWPORT SENIOR CENTER
TUESDAY, MAY 11TH 2010
10:30 AM**

The Newport Senior Center is partnering with Samaritan Pacific Communities Hospital to host a community wide overview to increase diabetes awareness. This short informative seminar will look at everything from how to get tested for diabetes & information on pre-diabetes, Type 1 & Type 2.

Karen Kozick, certified Diabetes Educator & clinical Dietitian will discuss what positive steps you can take in your life to self manage & beyond. Karen offers an in depth view of diabetes through her educational classes. There will be a short question & answer period following the presentation. Free testing may be available from Lincoln Community Health Center prior to the seminar. Please contact The Newport Senior Center at 20 SE 2nd ST. Newport or by calling us at 541-265-9617 for more information & sign up.

