

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>♥ Cream Turkey & Vegt or Braised Beef Tips Whipped Potatoes Whole Kernel Corn Whole Wheat Bread Butterscotch Bar</p> <p style="text-align: right;">1</p>	<p>♥ Western Pork Stew or King Ranch Chicken Bake Cut Green Beans Garden Vegetable Salad Cornmeal Roll Pineapple Tidbits</p> <p style="text-align: right;">2</p>	<p>♥ Chicken Brst Supreme or Roast Pork w/Gravy Whipped Potatoes Mixed Vegetables Oat Bran Bread Poke'n Pour Cake</p> <p style="text-align: right;">3</p>	<p>♥ Smokehouse Ribbette or Tuna Loaf w/Cream Sc Creamed Potatoes Green Peas French Bread Cowboy Cookie</p> <p style="text-align: right;">4</p>	<p>♥ Chick Salad Sand Half or Egg Salad Sand Half on Whole Wheat Bread Tomato Spinach Pasta Soup Marinated Vegetable Salad Chocolate Fluff</p> <p style="text-align: right;">5</p>
<p>♥ Chicken Patty w/Gravy or Liver & Onions w/Gravy Whipped Potatoes Steamed Carrots Oatmeal Bread Applesauce Cake</p> <p style="text-align: right;">8</p>	<p>♥ BBQ Chicken Sandwich or Kielbasa Sausage on a Bun Baked Beans Lime Perfection Salad Cinnamon Pear Cobbler</p> <p style="text-align: right;">9</p>	<p>♥ Shaved Beef Sand Half or Shaved Ham Sand Half on Whole Wheat Bread Lentil Soup Creamy Coleslaw Hermit Bar</p> <p style="text-align: right;">10</p>	<p>♥ Chicken & Dumplings or Macaroni & Cheese w/Multigrain Roll Broccoli Cuts Pear & Cheese Salad Butterscotch Pudding</p> <p style="text-align: right;">11</p>	<p>♥ Chili w/Beef & Beans or Zucchini Vegt Lasagna Whole Kernel Corn Spinach Romaine Salad Potato Wheat Roll Orange Whip</p> <p style="text-align: right;">12</p>
<p>♥ Baked Beef Rigatoni or Chicken Rice Bake Broccoli Cuts Pickled Beets Oat Bran Roll Banana Pudding</p> <p style="text-align: right;">15</p>	<p>♥ Meatloaf Sandwich Half or Two Cheese Sand Half on Whole Wheat Bread Navy Bean Soup Country Coleslaw Ice Cream Cup</p> <p style="text-align: right;">16</p>	<p>♥ Irish Beef Stew or Beef Cabbage Bake Green Peas Romaine Iceberg Salad Rye Bread Shamrock Bar</p> <p style="text-align: right;">17</p>	<p>♥ Turk Loaf w/Poultry Gvy or Veal w/Scallopini Sauce Whipped Potatoes Country Trio Vegetables Seven Grain Bread Molasses Cookie</p> <p style="text-align: right;">18</p>	<p>♥ Brd Bkd Fish w/Dill Sc or Baked Ham w/Raisin Sc Colcannon Potatoes Cut Green Beans Multigrain Bread Zucchini Brownie</p> <p style="text-align: right;">19</p>
<p>♥ Oriental Rice w/Ham or Chicken Chow Mein Green Peas & Onions Marin Spring Garden Salad Sunflower Seed Roll Cherry Whip</p> <p style="text-align: right;">22</p>	<p>♥ Scall Potatoes & Tk Ham or Layered Grnd Beef Bk Chuckwagon Corn Garden Vegetable Salad Cornbread Cinnamon Sugar Cookie</p> <p style="text-align: right;">23</p>	<p>♥ Turkey Salad or Krab Salad with Whole Wheat Roll Vegetarian Vegetable Soup Carrot Pineapple Salad Applesauce</p> <p style="text-align: right;">24</p>	<p>♥ Meatloaf w/Gravy or Orange Glazed Chicken Whipped Potatoes Mixed Vegetables Bran Wheat Bread Rice Pudding or Birthday Cake</p> <p style="text-align: right;">25</p>	<p>♥ Seafood Patty w/Tartar or HS Pork Patty w/Gravy Lyonnaise Potatoes Broccoli Cuts Cracked Wheat Bread Birthday Cake</p> <p style="text-align: right;">26</p>
<p>♥ Roast Turkey w/Gravy or Beef Swiss Style Patty Whipped Potatoes Country Trio Vegetables Dill Bread Chocolate Chip Cookie</p> <p style="text-align: right;">29</p>	<p>♥ Beef Spanish Rice or Vegetable Cheese Strata Cut Green Beans Spinach Romaine Salad Cornmeal Roll Gelatin Jewels w/Whipped Topping</p> <p style="text-align: right;">30</p>	<p>♥ Lima Beans & Tk Ham or Shepherd's Pie Broccoli Cuts Carrot Raisin Salad French Roll Baked Custard or Birthday Cake</p> <p style="text-align: right;">31</p>	<p>Suggested Donation: \$3.50 per meal 1% Milk served with all meals</p> <p>-----</p> <p><i>WE ACCEPT THE OREGON TRAIL CARD</i></p> <p>OREGON CASCADES WEST</p> <p>MARCH 2010</p>	