

ACTIVITY GUIDE

NEWPORT PARKS AND RECREATION • JUNE, JULY, AUGUST • 2025



Find us on Instagram!
@NewportParksandRec

See this guide online →



Activities, Schedules, Events

and much more for

The Newport Recreation Center • Aquatic Center • 60 + Center • Newport Public Library • PAC/VAC

WELCOME TO NEWPORT PARKS AND RECREATION!



As the sun shines brighter and the days stretch longer, there's no better time to get outside and make the most of everything Newport Parks & Recreation has to offer. From the sandy shores to our forested trails, summer is the perfect season to stay active, explore nature, and connect with our vibrant coastal community.

Whether you're signing up for youth sports, diving into one of our pools, taking a fitness class, attending one of our exciting community events, or simply enjoying a peaceful walk through one of our many parks, there's something for everyone this season. Our department proudly manages the Newport Recreation and Aquatic Center, 60+ Activity Center, 13 parks with shelters and playgrounds, skate park, ball fields, tennis and pickleball courts, scenic trails, public parking areas, restrooms, and the iconic Bayfront boardwalk and piers.

We're always working to provide fun, inclusive, and enriching programs for all ages—and we'd love to hear your ideas! If you have suggestions for new programs, improvements, or vendors, please reach out to the appropriate staff or facility.

Want to help support and enhance our parks and programs? Check out the Friends of Newport Parks and Recreation! This nonprofit group partners with us to raise funds and support projects that improve recreational opportunities throughout our community. To get involved or learn more, contact friendofnpari@yahoo.com.

Thank you for making Newport a place where people, parks, and play come together. We look forward to seeing you out and about this summer!

Mike Cavanaugh
Director of Parks and Recreation
Newport, Oregon Parks & Recreation

TABLE OF CONTENTS

2	Welcome Message / Table of Contents
3	Recreation Center
6	Aquatics Center
10	60+ Center
13	Sports
14	Special Events
15	Monthly Specials, Facility Hours and Policies
16	Memberships, Fees, Rentals

PARA INFORMACION EN ESPANOL
Para mayor información usted puede visitar nuestra página del internét en newportoregon.gov/dept/par. En la esquina inferior del lado izquierdo de la página, seleccione el language que usted prefiere, luego haga clic en el botón TRANSLATE y el language se ajustará a su preferencia. La mayoría de la formas que usted necesitará estan disponibles en español en el Centro de Receación.



THE BIG CREEK RD BRIDGE CLOSED

The Big Creek Rd bridge has closed to vehicular traffic until further notice to prioritize the safety of motorists after an inspection report classified the substructure of the bridge to be in serious condition. The bridge is located between NE Harney St. and the main entrance to Big Creek Park. Due to this closure, Big Creek Park is also closed as there is no access to the park. City of Newport officials will provide updates on these impacted areas as they become available.

ADULT FITNESS PROGRAMS

CARDIO & MORE!

Tuesday Class:

An interactive upbeat class that challenges the body and the brain!
Body conditioning and balance exercises using a variety of equipment.

Thursday Class:

Fun and simple Step & Floor cardio intervals.
Core conditioning using a variety of equipment to keep you entertained!

Tuesday & Thursday, 8:00-9:00 am

Instructor: T/TH: Brenda Luntzel

Free with Annual Pass

Drop-ins: \$9.50 or \$8.00 with Resident Discount

10-Class Card: \$85.50 or \$72.00 with Resident Discount

FLEX N' STRETCH

A fun seated and standing class that includes cardio bursts, brain fitness activities, muscle conditioning, and balance followed by 15 minutes of stretching.
This class is great for anyone wanting a fun multi-dimensional workout.

Tuesday & Thursday, 9:20-10:20 am

Wednesday & Friday, 10:00-11:00 am

Instructor: Brenda Luntzel

Free with Annual Pass

Drop-ins: \$9.50 or \$8.00 with Resident Discount

10-Class Card: \$85.50 or \$72.00 with Resident Discount



KICKBOX

An invigorating workout using "kickbox-inspired" movements.
Get your heartrate up, break a sweat, and have fun doing it!

Class is designed for all levels.

Tuesdays, 6:00-7:00 pm

Instructor: Jorge Glez

(Drop-in fee required)

Drop-ins: \$9.50 or \$8.00 with Resident Discount

10-Class Card: \$85.50 or \$72.00 with Resident Discount

FREE classes the week of July 1-5

BEYOND ZUMBA

A fun dance fitness class teaching a variety of styles including Zumba, jazz, swing, hip-hop, pop, house and more. The class is an interval workout using fast and slow songs. Jenny shows you how to increase and decrease the level of difficulty and impact with each song. Instructor modifies and choreographs her routines to keep them simple and fun. A great class for toning, balance, cardio, and stress relief AND is guaranteed to make you sweat!

Saturday 10:30-11:30am

Instructor: Jenny Voisard

(Drop-in fee required)

Drop-ins: \$9.50 or \$8.00 with Resident Discount

10-Class Card: \$85.50 or \$72.00 with Resident Discount

FREE classes the week of July 1-5

SPECIALTY FITNESS PROGRAMS

DISCOUNTED FITNESS CLASS CARD

There are two different 10 class discount cards; a Recreation Center card for LAND classes only and an Aquatic Center class card for WATER classes only. Your savings is buy 9 classes and get one free!

There is an additional 25% discount on all class fees for annual members only. This applies for the drop-in fee and the 10-Class cards

FIT FOR LIFE WORKSHOPS

A one hour "hands-on" workshop. Come dressed to move.
Pre-registration of \$5.00 drop-in fee for everyone.

STRETCHING:

Flexibility and mobility are critical aspects of movement and function. It is so important to take the time in your fitness program every week to stretch. Come and learn how to stretch correctly and what stretches to do for specific muscle groups.
Seated and mat/floor exercises

Tuesday 2:30-3:30pm, July 8th and August 5th

IMPROVING BALANCE:

There are three important systems that help with balance. Learn how your body mechanics and posture impact balance over time. Learn exercises that challenge those three balance systems and help improve muscle and joint strength

Tuesday 2:30-3:30pm, July 15th and August 12th

FIRST STEPS

Need some encouragement to get started on your fitness journey? This program is designed for people of all shapes, sizes, and abilities to feel more comfortable and accepted in a fitness/recreation environment.

This program is designed to provide opportunities and encourage fellowship for those who need a helping hand getting into movement.

For questions, please call Brenda Luntzel, Fitness Specialist at 541-574-5863.

\$150.00 or \$140.00 with Resident Discount

EQUIPMENT TRAINING AND EXERCISE PROGRAM DESIGN

Set yourself up for success! Whether you are new to exercise or need some inspiration for a new and more challenging routine, we can help. Wherever you are in your journey to better health and fitness, you will benefit greatly from this program. You will get a comprehensive personal consult, training on the equipment, and a

plan of action that has purpose and a positive outcome. To schedule a training with Brenda Luntzel, Fitness Specialist at the Recreation Center, ask for the sign-up form at the front desk or call her directly at 541-574-5863. Brenda is certified as a Personal Trainer and Medical Exercise Specialist from American Council on Exercise (ACE). She has 42 years of experience of personal training, exercise program design, and teaching land and water group exercise classes. **A consult and/or equipment training is approximately one hour. \$50.00 or \$47.00 with Resident Discount**

TEEN FITNESS TRAINING

This is a 2-hour small group session required training for anyone 12-14 years old who wishes to use the Fitness Center without parent supervision.

- Understanding the FIIT principle, knowledge of basic muscle groups, types of strength training, and other recommended guidelines for young adults.
- Fitness Center etiquette and appropriate use of exercise equipment for a safe workout.
- Specific training of cardio and strength machines in the Fitness Center.
- Upon completion you will receive a Teen Training Card.

Call 541-574-5863 to schedule the training or get a registration form at the front desk. Trainings will be offered 2x per month. \$40.00 or \$35 with Resident Discount Pre-registration required by parent.

ENRICHMENT PROGRAMS

DISCOVERY SUMMER PROGRAM

The Youth Development Coalition of Lincoln County is contracted to provide childcare for community members at Newport Parks and Recreation facilities with their Discovery Program. Participants will review reading and math skills, arts and crafts, play indoor and outdoor games, movies, beach trips, and much more. **This program is located at the Clubhouse in Frank Wade Park**

Summer Discovery Child Care

with Youth Development Coalition of Lincoln County

Fight Summer Boredom!

Choose learning experiences and activities!

Participants will review reading and math skills, arts and crafts, play indoor and outdoor games, movies, beach trips, and much more!



Monday-Friday, ages 5-11

7:30AM - 5:30PM

Location: Clubhouse 1445 NE Creek Road, Newport

\$400/mo
\$150/wk



The after school program will be available at the Recreation Center until the end of the school year

To register for either program, please call 541 961 6123 for more information or visit <https://ydccl.org/> for registration forms and information.

7:30am - 5:30pm, Monday - Friday

No drop ins

Ages: 5-11 years

\$500.00 monthly per child

or \$150.00 weekly per child

USDA and this institution are equal opportunity providers and employers.

INDOOR PARK

Join a parent/child play group atmosphere which provides a place for young children to play and be active inside. We have lots of play equipment available.

Fridays 9:30-11:30 am

Sundays 11 am-12:30 pm

Ages 5 and under

\$3.75 drop-in fee per child or \$3.25 with Resident Discount

10-Pass \$35.00 or \$29.00 with Resident Discount

TIDEPOOL EXCURSION

It's a negative tide and we are going exploring! Join our knowledgeable guide as we visit areas only exposed during negative tides and learn about the animals and seaweeds we find. We will touch on foraging as well as animal biology.

Locations and dates:

Otter Rock; Friday, July 11th, 7 am – 9:30 am

Neptune State Park; Saturday, July 12th, 7:30am – 10am

Wear sturdy shoes that can get wet or rubber boots. The rocks will be slippery. Ages 8 and up, all children must be accompanied by an adult.

Accessibility information:

Otter Crest; there are multiple flights of stairs down to the beach. There will be walking on slippery rocks.

Neptune State Park: there are a few steps down over rocks to the beach from a paved trail. The steps are made from driftwood and are uneven. There are some rocks between the steps and the sand. Minimal walking on slippery rocks. Photos of access points will be on registrations.

Neptune (40 min away) will have a shuttle available from the Recreation Center or meet at the site.

Otter Crest: \$16 or \$14 with Resident Discount

Neptune trip: \$21.50 or \$19.50 with Resident Discount

\$5 per person for shuttle

(pre-registration is required, register by Wed the week before)

LOW TIDE LEARNING; FORAGER FOODS

Are you curious about what lives below the tides? Want to know what's safe to eat in an emergency situation (or a fun dinner party)? We will explore how to identify and safely and respectfully harvest seaweeds and animals.

Available dates:

Saturday, June 28th, 8 am – 10 am

Location: Seal Rock State Park

Please note, parking is limited. There will be 9 spaces available in a shuttle to the park. The shuttle leaves the Rec Center 30 minutes before class start time.

Cost per person: \$14.50 plus \$5 for shuttle/ with Resident Discount \$12.50 plus \$5 for shuttle

(pre-registration is required, register by Friday the week before)

While everyone is welcome, please be aware there is steep hill

down to the beach with a paved trail. There are some large cobbles stones at the bottom of the trail before the sand. Wear sturdy shoes that can get wet or rubber boots. The rocks will be slippery. Ages 8 and up. Children must be accompanied by an adult.

WOODS WALK; EDIBLE BERRIES

We've got two Woods Walks in two different locations this summer; all about berries!

Saturday, July 19th – 10am-12pm

Join us for a stroll along the Ocean to Bay Trail and we'll look at a multitude of edible berry plants and shrubs. We'll learn ID tips and information about these and other plants we find along the trail. This trail offers a look at a unique wetland rainforest on elevated boardwalks. Look for wildlife as we walk on this flat unpaved trail. The walk is at most 3/4 mile one way.

Saturday, Aug 23rd – 10am-12pm

It's huckleberry season! We'll explore the jetty trail at South Beach State Park and learn about evergreen huckleberries, as well as other edibles and non edibles to be found along this trail. We'll also learn about the dune ecosystem and how this area has changed since the jetty was built before we visit the boardwalk to take in the ocean view.

Children 15 and under must be accompanied by an adult.
(pre-registration is required, register by Wed the week before)
\$14.50 or \$12.50 with resident discount

NIGHT PHOTOGRAPHY WORKSHOP

Join Newport resident Jeremy Likness, astrophotographer and owner of DSW Galleries, LLC, for a workshop designed to help you make the most of your camera after dark. Bring your own camera (phone cameras capable of nighttime photography are fine). The first hour of the workshop will be at the Recreation Center and will be instructional. For the second hour, we'll meet on a local beach for hands-on time under the night skies.

August 16th, 8:00-10:00pm

\$14.50 or \$12.50 with resident discount

DESIGNS WITH D – BEES WAX FOOD WRAPS

6/18 from 5:30-7:30 pm, with Deanna Krohlow

Come make your own bees wax food wraps and help eliminate a little plastic in your life!

Pre-registration is required. Class size is limited.

\$40.00 or \$35.00 with resident discount

DESIGNS WITH D – GARDEN OR FARMER'S MARKET FLOWER ARRANGEMENTS

7/9 from 5:30-7:30 pm, with Deanna Krohlow

Bring your favorite vase and a bunch of flowers and let us teach you how to arrange them!

Pre-registration is required. Class size is limited.

\$25.00 or \$20.00 with resident discount

COOKING CLASSES

IN THE KITCHEN – BBQ SIDES & DESSERTS

6/25 from 5:30-7:30 pm, with Deanna Krohlow

Quick and easy BBQ pairings for your next gathering!

Pre-registration is required. Class size is limited.

\$45.00 or \$40.00 with resident discount

IN THE KITCHEN – BERRY ABUNDANCE

7/23 from 5:30-7:30 pm, with Deanna Krohlow

Fun recipes to use all of those amazing berries!
Pre-registration is required. Class size is limited.
\$45.00 or \$40.00 with resident discount

IN THE KITCHEN – MEDITERRANEAN

8/13 from 5:30-7:30 pm, with Deanna Krohlow

Wrap up summer with some simple and delicious Mediterranean recipes!

Pre-registration is required. Class size is limited.

\$45.00 or \$40.00 with resident discount

FLUTE LESSONS

at the Newport Recreation Center

YOUTH SCHOLARSHIPS NOW AVAILABLE!

FLUTES AVAILABLE TO BORROW

All ages and skill levels welcome

Group and private lessons

Contact j.remillard@newportoregon.gov

Scholarships supported by a grant from the Oregon Cultural Trust and the Lincoln County Cultural Coalition



FLUTE LESSONS

Now offering flute lessons for beginners and intermediate with experienced flute teacher LeeAnn McKenna. Learn how to make sounds, read music, or hone the skills you already have. Don't have a flute? We have flutes available to borrow and youth scholarships! Group and private lessons available.

Group lessons

8 week session, 1 hour lessons - \$120 or \$90 with resident discount

Private lessons, 1 hour

\$65 or \$50 with resident discount per lesson

Returnable deposit for flute - \$30 with option to

apply to purchase of flute at later date

\$9 book fee (yours to keep)

Dates determined once we have enough students for a group.

To view the current Aquatic Center schedule, visit www.newportoregon.gov/pool and click on the Schedule tab.

WATER EXERCISE CLASSES

BOOT CAMP

A fun, exciting, and challenging water exercise program that is for all ages and fitness levels. New workouts at every class.

Tues/Thurs 5:30-7 pm; Sat 8:00-9:30 am. Instructor:
Rebecka Lakeman. Pre-registration required.

DEEP WATER WORKOUT

A fun and vigorous workout that includes deep water cardio, core and balance exercises with some shallow water body conditioning, and stretching.

Wednesdays & Fridays 8:30-9:30 am. Instructor:
Brenda Luntzel. Pre-registration required.

AQUA INTERVAL

Interval training using the current channel, deep water exercise, steps, balance, and body conditioning. A wonderful warm water workout for any age or ability.

Tues/Thurs 11 am-12 pm. Instructor: Rebecca Sinnhuber. Pre-registration required.

AQUA BODY

A dynamic and fun combination of cardio and muscle work, utilizing shallow and deep water, and a variety of equipment to build full body and core strength and endurance.

Tues/Thurs 8:30-9:30 am. Instructor: Deanna Krohlow. Pre-registration required.

MOVE FOR LIFE

Focus on functional fitness, arthritis-friendly range of motion, stretching, and balance in the warm and body supportive environment of the therapy pool.

Tues/Thurs 9:45-10:45 pm. Instructor: Deanna Krohlow. Pre-registration required.

**All water exercise classes are \$9.50/ with Resident Discount \$8.
10-class pass: \$85.50/ with Resident Discount \$72.**

NEWPORT SWIM TEAM

The Newport Swim Team provides a terrific year-round opportunity for young athletes in our community. The Newport Swim Team swim program offers an experienced and professional coaching staff. The goal of our team is to provide every member of the team the opportunity to improve swimming skills and to achieve success at his or her level of ability. The Newport Swim Team is dedicated to providing a swim program that emphasizes competitive training and physical fitness. We focus on team unity in a directed positive atmosphere. The organization, in partnership with its families, strives to produce successful members of the community.

Please contact Coach Gavin Santiago coach.gavinsantiago@gmail.com for any inquiries about joining the Newport Swim Team or visit newportswimteam.net



SIGN UP FOR THE AQUATIC CENTER EMAIL NOTIFICATION GROUP!



SCAN HERE TO SIGN UP!

This group will be notified of schedule changes, pool closures, etc.

SWIM LESSONS

Help us be a Water Safe Newport by enrolling in swim lessons! We offer Group, Private and Semi-Private Swim Lesson Packages. Check below for more details.

GROUP LESSONS

\$75 or \$60 with Resident Discount for a session of eight 30-minute lessons

PRIVATE LESSON PACKAGES:

\$23.75 or \$20 with Resident Discount

per 30-minute lesson.

Packages include 1, 4, or 8 swim lessons

SEMI-PRIVATE LESSON PACKAGES:

\$20 or \$18 with Resident Discount

per 30-minute lesson.

Packages include 1, 4, or 8 swim

lessons. Price is per participant

Summer Session 1: June 3-July 1 (No class 6/19)

Summer Session 2: July 8-31, Tuesday/Thursday

Summer Session 3: June 14-August

9, Saturdays (No class 7/5)

*Swim lesson sessions are dependent on staffing levels and are subject to cancellation. To stay up to date with current swim lesson sessions and registration dates, join our email notification group. Email W.McCray@NewportOregon.gov to be added to the notification group.


We offer swim lesson scholarships! If you are interested in applying for a swim lesson scholarship, please contact Whitney (541-574-5860 or W.McCray@NewportOregon.gov)

Which level should I sign up for?




Swimmer is between the ages of 6 months and 3 years old.

Enroll in our Lil Starfish class! This is an instructor led class in which an adult gets in the water with the child. We sing, play games, and have fun while getting comfortable in the water and developing basic skills.



Swimmer is between the ages of 3 and 5 years old and new to the water.

Enroll in our Sandpipers class! This is step one of our preschool level classes. This is an introductory class where swimmers learn basic skills and how to participate safely in class.




Swimmer is between the ages of 3 and 5 years old and can jump in and submerge independently.

Enroll in our Cormorants class! This is step two of our preschool level classes. Swimmers work on increasing their comfort in the water, becoming independent, and confidently submerging.




Swimmer is between the ages of 3 and 5 years old and can do front and back floats.

Enroll in our Puffins class! This is step three of our preschool level classes. Swimmers work on increasing their stamina, combining movements, and learning important safety skills.



Swimmer is at least 6 years old and is new to swim lessons.

Enroll in our Otters class! This is our level one class for beginners. Swimmers will learn to be comfortable in the water and develop water safety skills.




Swimmer is at least 6 years old, can bob, and can do front and back floats independently.

Enroll in our Sealions class! This is our level two class for developing skills. In this class, swimmers who are already comfortable in the water will begin to develop their swimming skills and gain confidence.




Swimmer is at least 6 years old and can tread water for 15 seconds and use long-reaching freestyle arms.

Enroll in our Dolphins class! This is our level three class for building endurance. Swimmers will refine their strokes, build endurance, and prepare to pass the deep water swim test.




Swimmer is at least 6 years old and can tread water for 30 seconds, swim three body lengths of backstroke and freestyle (with side breathing).

Enroll in our Orcas class! This is our level four class for advanced strokes. This class is for more advanced students where swimmers will learn dives, breaststroke, and sidestroke.



Swimmer is at least 6 years old and can swim 25 yards of freestyle (with side breathing) and elementary backstroke.

Enroll in our Sharks class! This is our pre-swim team level. This class is for swimmers who want to refine their skills before joining swim team. Swimmers will learn butterfly and flip turns, and will work on endurance.



Swimmer is at least 13 years old and is interested in building or refining swim skills.

Enroll in our Sea Turtles class! This level is for adults ages 13+ who are new to the water, want to build swim skills, or want to refine swim skills. This class will be tailored to the level of all swimmers enrolled.

AQUATIC PROGRAMS

MILE SWIM CLUB

NEWPORT AQUATIC CENTER



ANNUAL FITNESS CHALLENGE

KICK OR SWIM YOUR WAY TO 100 MILES!

1 LENGTH = 25 YARDS
1 MILE = 1,760 YARDS = 70 LENGTHS
GOAL: 100 MILES = 176,000 YARDS = 7,040 LENGTHS

NEWPORT AQUATIC CENTER

SENSORY FRIENDLY SWIM

SENSORY SEEKING

LIMITED PATRONS

DIMMED LIGHTS
*AT REQUEST

REDUCED NOISE

FOUNTAINS ON

QUIET AREA

SENSORY TOYS

2ND SATURDAY OF THE MONTH
5:00-6:00 PM

SENSORY SENSITIVE

LIMITED PATRONS

DIMMED LIGHTS

REDUCED NOISE

NO FOUNTAINS

QUIET AREA

SENSORY TOYS

4TH SATURDAY OF THE MONTH
5:00-6:00 PM



Newport Aquatic Center

KAYAK ROLLING

7:00-8:00 pm

Thursday evenings

Price is the daily drop-in. Free with membership.

Takes place in the lap pool



NEWPORT AQUATIC CENTER

OUT TO SWIM

This time is dedicated to members of our community looking to swim and build connections with others.

All are welcome to use the restroom that they're most comfortable with. This is a safe and welcoming space free of judgement or discrimination. Small snacks and resources will be provided for participants.

Grab a snack and have a chat - take pride in yourself and come out to swim!

This event is LGBTQ+ friendly!

FIRST SATURDAY OF THE MONTH, 5-6 PM

Register your spot online! Price is the daily drop-in fee.

AQUATIC PROGRAMS

WE INVITE YOU TO JOIN



The World's Largest Swimming Lesson™
June 26, 2025

Be part of the global movement to build water safety skills.
Register to participate in the
World's Largest Swimming Lesson
on June 26!

Contact us at
541-265-7770
to learn more!

Sunday Fundays



2-4 PM, Sundays

Games, snacks, and fun!

Daily drop-in price. Free with membership.

Newport Aquatic Center

SWIM INSTRUCTOR VOLUNTEERS



Are you at least 16 years of age and have basic swimming and water safety knowledge?
YOU CAN BE A SWIM INSTRUCTOR!



HELP US:

KEEP NEWPORT WATER SAFE
Learn from experienced instructors about teaching swimming and safety techniques to people of all ages.

OFFER MORE SWIM LESSONS
With your help, we can bring even more swim lesson opportunities to Newport so that everyone learns how to be comfortable, confident, and safe in the water!



Interested in volunteering?

Contact Chloe Hubbard at: C.Hubbard@NewportOregon.gov
or
pick up a volunteer packet at the front desk of the Rec Center

Newport Aquatic Center

WE'RE HIRING LIFEGUARDS



Are you at least 16 years of age and have basic swimming and water safety knowledge?
YOU CAN BE A LIFEGUARD!



BENEFITS:

IN-HOUSE TRAINING
Lifeguard, CPR, First Aid, AED, and Bloodborne Pathogen training and certification are done right here at the Newport Rec Center!

FREE MEMBERSHIP
All employees and dependents are eligible for free membership at the Newport Rec Center (includes gyms and pools!)



APPLY HERE:



<https://newportoregon.gov/dept/adm/hr/currentjobs.asp>



THE 60+ ACTIVITY CENTER VISION

To make accessible a humane and meaningful center for continued growth and joyful opportunities where everyone is visible.

THE 60+ ACTIVITY CENTER MISSION

To preserve the dignity and value of all older adults in our community by providing equitable and accessible opportunities for social interaction, recreation, support services, education, volunteerism and community action.

Beyond Fantastic!



20 SE 2nd Street
Phone: (541) 265-9617
www.newportoregon.gov/sc



DURABLE MEDICAL EQUIPMENT

Wheelchairs, walkers, crutches, canes, shower chairs, and toilet lifts are available for no cost to all who need them. Call to ask about adult sanitary pad availability.

CRAFTER'S CORNER GIFT SHOP

All are welcome to browse this coastal consignment gift shop with a wide variety of handmade crafts, wonderful walking sticks, beautiful jewelry, handcrafted baby blankets and booties, fashionable scarves, adorable kitchen aprons, unique hot pads, and more. Do you have something you would like to offer for sale? Inquire in the shop about our consignment opportunities.

MEALS ON WHEELS – CONGREGATE DINING

Come and enjoy a fresh, hot, nutritious meal served in a social setting.
Meals are served every Monday, Wednesday, and Friday at noon.
Donations are encouraged. Reservations required. 541-574-0669.

MEALS ON WHEELS – HOMEBOUND LUNCH PROGRAM

Hot lunches are served to the homebound. Please call (541) 574-0669 for prices and to sign up for meals to be delivered to your home.

HOW YOU CAN ASSIST YOUR 60+ ACTIVITY CENTER:

VOLUNTEER OPPORTUNITIES

Come chat with us to find the right fit for you.

The Friends of the Newport 60+ Activity Center
Newport Senior Citizens Activity Association



DO YOU BUY GROCERIES?

Support your 60+ Activity Center with charitable contributions, at no cost to YOU! Link your Fred Meyers rewards card to the Newport 60+ Center under account code CU972, The Friends of the Newport Senior Activity Center. Visit www.fredmeyer.com/communityrewards to link your account or call 1-866-518-2686.

A BIG THANK YOU FOR YOUR SUPPORT!

PARA INFORMACION EN ESPANOL

Para mayor información usted puede visitar nuestra página del internet en newportoregon.gov/dept/par. En la esquina inferior del lado izquierdo de la página, seleccione el language que usted prefiere, luego haga clic en el botón TRANSLATE y el language se ajustará a su preferencia. La mayoría de la formas que usted necesitará estan disponibles en español en el Centro de Receación.

EDUCATIONAL OPPORTUNITIES

REGISTER FOR CLASSES ONLINE AT
WWW.NEWPORTOREGON.GOV/SC

DRIFTWOOD LIBRARY, SW HWY. 101 STE 201 LINCOLN CITY.

(541) 669-0006 Appointments necessary. You may call them directly to be placed on the waiting list. Pick up packets at either the Driftwood Library or at the Newport 60+ Center at 20 SE 2nd St. Complete the forms BEFORE your appointment.

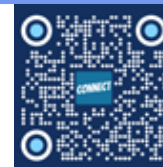
WALDPART COMMUNITY CENTER, 265 NW HEMLOCK ST.

No appointment necessary. Walk-In every Wednesday, Thursday, Saturday 1pm-4pm from February 1st to April 12th Waldport (541) 669-0079. Leave a message.

LISTEN & LEARN LECTURE SERIES

June 3 – Conrad Schmitt, The Queens of British Mystery Writing
June 17 – Del Lockwood, Wildfire Preparedness
July 1 – Brian Haggerty, Perfect Estate Plan
August 5 – K. Myers, Rock Doc

Various classes, activities, and presentations added often. Please visit www.newportoregon.gov/sc to learn about upcoming events. Or use the QR code.



HEALTH & WELLNESS CLASSES

WHAT MATTERS MOST: YOUR HEALTH!

You deserve to take care of yourself! Your 60+ Activity Center offers many evidence-based programs, which means they have been proven to work! These designed programs can increase your strength, balance, mobility, flexibility, and overall health. Let us help you reach your goals. Classes have different fitness levels from beginning to advanced. Please check with the class leader or instructor to find out if the class is a match for you. Homebound seniors that are interested in participating in classes please contact the 60+ Activity Center at 541 265 9617.

ARTHRITIS EXERCISE PROGRAM

Whether you have arthritis or related diseases, or you just want to prevent it, this program's multiple components will help reduce pain and stiffness, and help you maintain or improve your mobility, muscle strength, and functional ability. Class leader is Rose Ebel.

Wednesday & Friday, 9:30 – 10:30 am

STRENGTH & BALANCE

Designed to gradually improve balance and strength, this class will help you to avoid falls and to maintain independence. This is a video-led class.

Tuesday & Friday, 1:00 – 2:00 pm

JIN SHIN SELF-HELP

Based on the book, The Touch of Healing: Energizing Body, Mind and Spirit with the Art of Jin Shin Jyutsu," this class will "restore you to a knowledge of yourself and your innate ability to improve the quality of your life."

Led by volunteer Susan Cooper.

Second Thursday of each month, 10:30 – 11:30 am

LINE DANCING

• **Introduction to Line Dancing:** Learn the steps for the dances we will do. Come have fun, move a little, laugh a little. **Class leader is Vicki Berchou.** **Tuesday, TBA, through March 18**

• **Easy Line Dance:** This class is designed for people familiar with line dancing who want to review basic line dance steps or just enjoy doing easier

dances to slower music. **Wednesday, 1:00 – 2:00 pm**

• **Improvers:** This class is for those dancers who are already familiar with line dance steps and dances. **Wednesday, 2:00 – 3:00 pm**

• **Intermediate:** The Intermediate Class is for more experienced dancers. In this class you will be doing a variety of dances, some quite complicated, and some quite fast, but still fun. **Wednesday, 3:00 – 4:00 pm**
Class leader for all line dance classes unless noted, is Mary Peterson.

SOCIAL BALLROOM DANCING

Learn the Foxtrot, Waltz, and Rumba in this easy-to-learn, social ballroom dance class. Come alone or bring a partner.

Class is taught by Bonnie Prater.

Monday, 1:30 – 2:30 pm



MEDITATION

Meditation is now mainstream and is being practiced in many different ways. The meditation that will be taught has its roots in Zen practice.

Class leader is Joseph Armenio.

Tuesday, 9:00 – 10:00 am

CHAIR YOGA

Chair Yoga accommodates people who cannot get up and down easily from the floor. This style of yoga can be a very complete workout that increases flexibility and strength, while incorporating breathing techniques that are both energizing and calming.

Class leader is Michelle Annette.

Tuesday & Thursday, 11:45 – 12:40 pm

GENTLE YOGA

Gentle yoga available for all levels. Enjoy a relaxing stretch-type class, modifications available. Must be able to

get up and down off the floor.

Class leader is Deborah Marsh.

Tuesdays, 1:00 – 2:00 pm, Thursdays, 2:30 – 3:30 pm

SILVER SNEAKERS CLASSIC

This fun fitness program will help maintain and improve cardiovascular conditioning, circulation, flexibility, and muscle tone.

Class leader is Teresa Atwill.

Tuesday, & Thursday, 10:30 – 11:30 am
DANCE WITH MARY

Come check out the variety of dance moves we have fun with to our collection of music CD's. It's not just a workout, it's FUN!

Class leader is Mary Peterson.

Monday, 11:20 am – 12:20 pm"

MOVE WITH MARY

You will start this fun class with a warm-up and transition into exercises, using weights, a ball, or band all done while standing or sitting. All abilities are welcome! Come and get moving!

Class leader is Mary Peterson.

Monday, 10:00 – 11:00 am

TAI CHI 8 FORM

With just one hour a week, gain the tools for self-revitalization with a time-tested practice that will promote healing, relaxation, fitness, immunity, balance, and mental calm and clarity. Tai Chi Health Institute certified instructor Craig Shafer guides you through easy, safe, and effective movements that promote mental and physical health. Positive change begins with just one small step at a time. Beginners always welcome.

No additional fees.

Visit taichiserenity.com

Thursday, 1:00 – 2:00 pm

SOCIAL GROUPS MEETING PEOPLE & HAVING FUN

The City of Newport is "The Friendlies". The 60+ Activity Center offers the chance to join existing social groups.

BIRTHDAY CELEBRATION LUNCH

A time to celebrate with those who have a birthday during the month. Veterans of all ages, and everyone 60+ with a birthday in that month is invited to join us for a complimentary, celebratory

lunch and Bingo for themselves, and a plus one!

3rd Wednesday of every month, 12:00 pm (Bingo at 11:00 am)

THE MEMORY THREAD

Hosted by South Beach Manor Memory Care, this is a chance for those with memory issues and their loved ones to discuss challenges, solutions, latest research, self-care, and other topics of interest.

1st Tuesday 10:30 – 11:30 a.m.

INTERMEDIATE GUITAR LESSONS

This class is designed to help experienced guitar players hone their skills.

Led by musician instructor Don Sansone.

Every other Wednesday 2:00 – 3:00 p.m.

WII BOWLING

You can enjoy the fun of bowling, without the weight of a bowling ball. Stop by and experience for yourself while you make new friends.

Tuesday & Thursday, 9:30 – 11:00 am

KNITTING GROUP

Crafty fun for all ages. Knitting is a great tool to keep your fingers limber and your mind sharp while enjoying the company of other knitters. Supplies abound, so come and join in on any Tuesday afternoon.

Tuesday, 1:30 - 3:00 pm

BINGO

Bingo fun with prizes and socialization. **Monday, Wednesday, and Friday, 11:00 – 11:45 am - \$0.25 donation to play.**

PARTY CONTRACT LUNCH BRIDGE

Bring your lunch, play and learn with this casual, non-competitive, bridge game.

Games hosted by Bruce Howard.

Monday, 11:00 – 1:00 pm

DUPLICATE BRIDGE CLUB

Duplicate Bridge is the most widely used variation of contract bridge in club and tournament play.

Thursday, 11:30 – 4:00 pm

NEWPORT 60+ ACTIVITY CENTER

12 JUNE, JULY, AUGUST - 2025



MAH JONGG

Master the art of this mysterious Chinese tile game. Instructions are available.

Friday, 1:00 – 3:00 pm

CRIBBAGE

Cribbage involves playing and grouping cards in combinations which gain points. Cribbage uses a board for score keeping.

Monday, 1:30 – 3:30 pm

DOMINOES, MEXICAN TRAIN

The object of the game is for a player to play all of the dominoes from their hand onto one or more chains.

Wednesday & Friday, 11:30 am – 4:00 pm



CHESS

Play chess with other enthusiasts. Whether you want to learn how to play chess or you're just looking for tips to teach a kid how to play, you've come to the right place! This classic board game has been around for centuries and still provides a challenge to the smartest people in the world. At the same time, it's really easy to get started and you can pick up the basic rules pretty quickly.

SCRABBLE

Tuesday, 1:00 – 3:00 pm

Scrabble is a board game in which

words are formed from letters in patterns similar to a crossword puzzle.

PINOCHLE

Pinochle is a trick-taking Ace-Ten card game typically for two to four players and is played with a 48-card deck.

Friday, 11:00 – 2:00 pm

SENIOR DISCUSSION GROUP

Drop in to chat about anything and everything from Artificial Intelligence to cataract surgery; from the best restaurant in Newport to Wordle or crabbing season. Except for no politics or religion, come talk with others about whatever you think is interesting.

Led by volunteer Marvin Straus.

2nd Tuesday of the month, 11:00 am – 12:30 pm

OPEN POOL GAMES

Come and shoot pool with your friends!

Monday – Friday, 8:00 – 4:00 pm

CALL SHOT POOL

This pool game invites bank, combination, and carom shots. Chalk your cue!

Monday and Wednesday, 2:00 – 4:00 pm

OPEN PING PONG

Bring a friend for fun, socialization, and exercise with our ping pong table.

Monday – Friday, when Multi-Purpose Room or Education Room is available

OPEN MIC AND MUSIC JAM

Acoustic instrument jam and open mic, hosted by Morgen Silverhorn. Musicians should bring their acoustic instruments, check in, and "we will see what happens". This is open to musicians of all abilities, and everyone is invited to attend even without an instrument.

First, third, and fifth Mondays of the month, 1:30 – 3:30 pm

QUILTING SOCIAL

Bring your projects to work on. Come share your questions, thoughts and ideas with this social quilting group.

Tuesday, 9:00 am – 1:00 pm

ART CLASSES

MIXED MEDIA

We will combine paper, stamping, watercolors, acrylics, yarn, dried flowers/

leaves, and various other items. We may incorporate sewing on paper and journal making, depending on interest.

Class led by Sherilyn Medin.

Thursday, 9:30 – 11:30 am

WATERCOLOR

Draw into that inner beauty and hidden talent! Our new instructor, Sherilyn Medin, will help you discover the artist in you! For those who do have supplies, you are encouraged to bring them to class.

Thursday, 1:00 – 3:00 pm

BEGINNING DRAWING

Karen Robnett will be offering a beginning drawing class using a variety of mediums. Create your own masterpiece! All materials are provided, but people who do have their own supplies are encouraged to bring the supplies to class.

Wednesday, Starting January 8, 9:00 – 11:00 am



DRAWING WITH COLORED PENCILS

Karen Robnett will be offering a free colored pencil class for those people interested in learning how to create their own masterpiece! All materials are provided, but people who do have their own supplies are encouraged to bring the supplies to class. Class size is limited, so sign up now!

Wednesday, Starting January 8, 1:00 – 3:00 pm

SPECIAL EVENTS JOIN THE 60+ ACTIVITIES ASSOCIATION FOR THEIR MANY ANNUAL FESTIVITIES

More classes, presentations, and activities to be added – please visit our website at www.newportoregon.gov/sc, or call 541-265-9617 for the upcoming schedule and to learn what is new.

TRAVEL ADVENTURES

Join us for wild and wacky adventures with the 60+ Activity Center...who knows where it might lead...Contact the 60+ Activity Center to register and for more information

JUNE

**Oregon Coastal Train Excursion
Lebanon Strawberry Festival
Oregon Gardens
Enchanted Forest
Sternwheeler/Carousel**

JULY

**Philomath Rodeo
Walk the Dock
Oregon Asian Celebration
Oregon Steam-Up**

AUGUST

**Brownsville Antique Faire
Swan Island Dahlias
Scandinavian Festival
Tillamook Forest Center
Oregon State Fair**



COACHES NEEDED!!!!

We are always in need of volunteer coaches for our middle school and youth programs. Coaches get to enroll one child for free. You must be able to pass a criminal background check. Experience is not required. We will give you everything you need to successfully manage a team.

SUMMER SPORTS

MEN'S & COED ADULT SOFTBALL LEAGUE

Enjoy those warm summer nights playing slow-pitch softball! These leagues are fun and competitive leagues for ages 18 and older. Games are played on Monday-Thursday nights at Betty Wheeler Park.

- **Fee: \$600.00 per team**
- **Men's Registration Deadline: June 15**
- **Coed's Registration Deadline: July 13th**

YOUTH BASEBALL & SOFTBALL

The Newport Baseball & Softball Association runs youth baseball and softball programs. Registration and season information can be found by going to www.facebook.com/nbasa or www.quickscores.com/nbasa.

YOUTH OUTDOOR SOCCER

The Central Coast Soccer Association runs youth outdoor soccer programs. Registration and season information can be found by going to www.centralcoastsoccer.org.

SUMMER CAMPS

Keep an eye on our Facebook/Instagram pages for updates on youth sports!

Find your adventure! Make new friends and learn new things this summer with our summer camp selection. Make this summer one to remember exploring, crafting and soaking up the sun through our various summer camp offerings. We have both full day and half day camps that

PORTLAND TRAIL BLAZERS

The Portland Trail Blazers Youth Clinic offers young athletes a chance to develop their basketball skills with help from experienced coaches and the Blazers team staff. It's a fun, fast-paced clinic focused on fundamentals, teamwork, and

building confidence on the court. (<http://nba.com/blazers/youthbasketball>)

- **Date: June 7th (Includes a free 25-26 ticket)**

- **Rip City Hoops Clinic (6 - 11)**
- **Rip City Hoops Clinic (12 - 16)**
- **SheHoops Clinic (6 - 16)**

SPORTS CAMP

Baxter's All Sport Camp is a high-energy program where kids get to play a variety of sports like soccer, basketball, dodgeball, and more. It's all about teamwork, skill-building, and having a blast while staying active all week long.

- **Ages: \$349**
- **Registration Deadline: July 11th**

ADVENTURE PADDLE CAMP

Paddle Camp is a fun and active way for kids to explore the water while learning the basics of kayaking and paddleboarding in a safe, supportive environment. Campers build confidence, teamwork, and a love for outdoor adventure on the water.

- **Ages: \$130.00**
- **Camp One: June 24th - 25th**
- **Camp Two: August 5th - 6th**

SUMMER TRIPS

Find your adventure! Make new friends and learn new things this summer with our summer camp selection. Make this summer one to remember exploring, crafting and soaking up the sun through our various summer camp offerings. We have both full day and half day camps that

OREGON ZOO - PORTLAND, OR

The Oregon Zoo offers an immersive experience with over 230 animal species from around the world, set in beautifully designed habitats. From elephants to sea otters, it's the perfect destination for families, animal lovers, and anyone looking to connect with wildlife.

- **Ages: 10+**
- **Trip One: June 24th**
- **Trip Two: August 19th**

OMSI (OREGON MUSEUM OF SCIENCE AND INDUSTRY) - PORTLAND, OR

OMSI is a hands-on science museum featuring interactive exhibits, a planetarium, and a real submarine you can tour. It's a fun and educational

destination for curious minds of all ages.

- **Ages: 10+**
- **Trip One: June 26th**
- **Trip Two: August 5th**

PAINTBALL - ALBANY, OR

Paintball is an action-packed adventure where strategy meets adrenaline as players compete in team-based games using paint-filled markers. It's a thrilling way to build teamwork, get active, and enjoy friendly competition outdoors.

- **Ages: 10+**
- **Trip One: June 28th**
- **Trip Two: July 12th**

OSBORN AQUATIC CENTER - CORVALLIS, OR

The Osborn Aquatic Center features multiple pools, a waterslide, and an outdoor splash area—perfect for swimming, relaxing, and cooling off during the summer.

- **Ages: 10+**
- **Trip One: July 15th**

GET AIR TRAMPOLINE PARK - EUGENE, OR

Get Air is a high-energy indoor trampoline park with foam pits, dodgeball courts, ninja challenges, and wall-to-wall trampolines. It's perfect for staying active while having a blast.

- **Ages: 10+**
- **Trip One: July 29th**

SANDLAND ADVENTURES - FLORENCE, OR

Sandland Adventures offers exhilarating dune buggy rides across the Oregon Dunes, plus go-karts, mini golf, and bumper boats for family-friendly fun.

- **Ages: 10+**
- **Trip One: July 31st**

ENCHANTED FOREST - TURNER, OR

Enchanted Forest is a fairy-tale theme park with handcrafted sculptures, rides, and charming storybook scenes. It's a magical experience for anyone with a sense of wonder.

- **Ages: 10+**
- **Trip One: August 7th**

TREE TO TREE ADVENTURE PARK - GASTON, OR

Tree to Tree is an aerial adventure park with zip lines and obstacle courses among the treetops. It's a thrilling outdoor experience for adventurers of all skill levels.

- **Ages: 10+**
- **Trip One: July 17th**
- **Trip Two: August 12th**

BULLWINKLE'S - WILSONVILLE, OR

Bullwinkle's Family Fun Center offers non-stop excitement with go-karts, laser tag, mini golf, an arcade, and more. It's a favorite spot for group outings and action-packed fun.

- **Ages: 10+**
- **Trip One: August 21st**

WINGS & WAVES WATERPARK - MCMINNVILLE, OR

Wings & Waves is an aviation-themed indoor waterpark featuring thrilling water slides, a wave pool, and a Boeing 747 on the roof that doubles as a slide entrance.

- **Ages: 10+**
- **Trip One: August 13th**

DROP-IN SPORTS ADULT NOON BASKETBALL LARGE GYM

These games are a light hearted, call your own fouls affair, and usually feature a wide range of ages and skill levels. Everyone 16 and older is welcome.

- **Wednesday, Friday: 12:00 pm - 2:00 pm**

ROLLER-SKATING SMALL GYM

Grab your rollerblades or skates and drop in for a family friendly roller-skating session.

- **Wednesday: 4:30 pm - 6:00 pm**
- **Sunday: 1:30 pm - 4:00 pm**

ADULT DROP-IN INDOOR SOCCER

These are low-pressure pickup games for those who want to play for the enjoyment. This program is for those who want to continue playing through the rainy months. Play usually features a wide range of ages and skill levels.

- **Drop-In Soccer: Sunday 4:00 pm - 7:00 pm**

SPORTS ACTIVITIES

14 JUNE, JULY, AUGUST - 2025

BADMINTON LARGE GYM

Badminton is a fast-paced racquet sport. Players use a shuttlecock, a lightweight projectile, aiming to hit it over the net into the opponent's court. The game requires agility, precision, and strategic thinking to outmaneuver opponents and score points.

• **Sunday 5:00 pm – 6:00 pm**

VOLLEYBALL LARGE GYM

Join us for casual and fun drop-in volleyball sessions, where players of all levels come together for friendly matches and a great time on the court. Whether you're a seasoned pro or new to the game, our drop-in volleyball is the perfect

opportunity to spike, set, and score in a relaxed and inclusive environment.

• **Youth: Wednesday & Friday 5:00 pm – 6:00 pm**

• **Adult: Wednesday & Friday 6:00 pm – 8:00 pm**

PICKLEBALL SMALL GYM

Pickleball is a combination of tennis, badminton, ping-pong, and racquetball. Fast paced, easy to learn and lots of fun. To provide a better experience for all, please play on the appropriate skill level court to allow equal playing time for others.

Tuesday/Thursday

• **All Skill Levels: 8:00 am – 3:00 pm**

• **All Skill Levels: 6:00 pm – 7:50 pm (Tuesday Only)**

Wednesday/Friday

• **All Skill Levels: 12:00 pm – 3:00 pm**

Saturday

• **All Skill Levels: 7:00 am – 3:30 pm**

Sunday (Large Gym)

• **All Skill Levels: 11:00 am – 4:30 pm**

OPEN GYM

A schedule of gym availability is posted on calendars at the control desk of the Recreation Center. You may call during building open hours to check on the schedules. Schedules are subject to

change, but every effort will be made to adjust the schedules well in advance so that notice can be given to frequent users. For up-to-date information about all of our current sports programs, please visit www.newportoregon.gov/sports or contact Zach Koprowski at z.koprowski@newportoregon.gov

REGISTER NOW!



SPECIAL ACTIVITIES & EVENTS

14 JUNE, JULY, AUGUST - 2025

KEEP UP TO DATE WITH SPECIAL EVENTS ON OUR FACEBOOK PAGE!



TOUCH A TRUCK

Join us to check out trucks big and small. This FREE community event will be in the Performing Arts Center parking lot. Confirmed so far for this year are Newport Police and Fire, Lincoln County Sheriffs, Thompson's Sanitary, Rowley's Towing, Central Lincoln PUD, Oregon State Parks, City of Newport Public Works and Parks, PAC West Ambulance, and more to come! Look for this year's exciting line up on our Facebook page.

Friday, June 27th, 3-5:30pm

The last half hour of this event will be siren free for those with auditory sensitivities.

SUMMER CONCERT SERIES

Get ready for a season of music, community, and summer fun! Join us for our Summer Concert Series, featuring two exciting evenings of live performances in the parks. Bring your lawn chairs, blankets, and dancing shoes as we enjoy great music under the summer sky. Each concert offers a family-friendly atmosphere with food vendors. These are FREE community events.

Saturday, July 26; 1-2 pm: Monmouth Taiko Japanese Drum Band (Performing Arts Center parking lot)

Friday, August 8; 7-10 pm: Space Neighbors playing retro future classics, followed by local Didgeridoo artist Tyler Spencer (Don and Ann Davis Park)

NATIONAL NIGHT OUT

We are teaming up again with Newport Police for an evening of fun, food, and community spirit at our annual National Night Out! This free, family-friendly event brings neighbors together to strengthen community bonds and promote public safety awareness. Enjoy games, activities, and free food. Let's celebrate a stronger, safer community—together!

Free Admission, Tuesday, August 5, 5-8 pm

STAR PARTY

Join local astrophotographer and host of the weekly "SkyWatch" segment on KYAQ, Jeremy Likness, for a unique experience exploring the night skies over Newport. You may be surprised to discover how much is actually visible even within the city limits, from stars, galaxies, and clusters to planets and nebulae. Jeremy will host a variety of equipment options and use techniques that he'll explain such as "live stacking" to bring deep space down to earth. He'll include tips, facts, and fun games. The session will be projected or displayed on a monitor

so anyone can see and participate. Find lunar landing locations on the surface of the moon, see Jupiter's stripes or see what a distant star looks like close up (depending on the skies that night).

This program is weather dependent. Keep an eye on our Facebook event for updates.

Friday, July 25th, 9pm at the Frank Wade Park ballfield

Free Admission

NEWPORT HARBOR TRI

Dive into adventure at the Newport Harbor Triathlon! This exciting race invites athletes of all levels to swim, bike, and run through the stunning scenery of Newport. Featuring a pool swim, scenic bike course, and run across the iconic Yaquina Bay Bridge, this event offers a perfect challenge for beginners and experienced triathletes alike. Participants can choose from sprint triathlon, as well as a variety of other divisions. Awards, a post-race celebration, and a lively finish line celebration await!

Divisions: Sprint triathlon, 5k, Aquabike, Duathlon, Triathlon, Relay Teams

Sunday, September 28, 8:30 am start time

Visit www.newportharbortri.com

MEET THE OCEAN!

Meet the Ocean! is a 3-hour, hands on (and in!), experience designed to introduce people of all ages to the wonders of the Pacific Ocean in a safe, engaging, and empowering way. Through guided exploration and interactive learning, participants will learn how to survey a beach, spot rip and longshore currents and choose a safe place to swim. Whether you're a curious visitor or a lifelong Oregonian ready to take the plunge, this class will help you feel more connected to- and prepared for-whatever beach you find yourself.

Dates and times TBD

CENTRAL OREGON ASTROPHOTOGRAPHY TRIP

Join us in Central Oregon's famous dark skies for an out of this world trip! We'll head out in the adventure vans for an overnight trip with astrophotographer Jeremy Likness to get tips on how to get the best shot. This trip is still in the planning stage so contact j.remillard@newportoregon.gov if you want to be first to get details.

Saturday, August 23rd Time TBA, location and price TBA Watch our Facebook page and website for more information!

NEWPORT PARKS AND RECREATION SUMMER 2025 ACTIVITY GUIDE

<http://www.newportoregon.gov/Recreation>



Find us on
Facebook



Follow us on
YouTube



Follow Us On
Instagram

MONTHLY SPECIALS

JUNE

Buy one 10-punch pass, get one for 1/2 PRICE!

(Not applicable for class punch cards)

10% discount on Recreation Center class punch cards
(not applicable for aquatics class punch cards)

JULY

10% off any 3-MONTH PASS!

FREE Beyond Zumba and Kickboxing classes
the first week of July (July 1-5)

AUGUST

Take an additional 10% off any 1 or 2-person
ANNUAL PASS PURCHASE!

(Not to be combined with the group rate)

Member Class Discount

Annual pass members will receive a 25% discount
off the price of class punch cards and class drop-ins.
This applies to Recreation and Aquatics classes.

Fridays are Youth Days

\$3 each (ages 3-17 yrs. old)

Tuesdays & Thursdays

Senior day - \$3 each (60+ yrs. old)

POLICIES

GENERAL REGISTRATION: We ask that you pre-register for all activities and classes to avoid cancellation due to low enrollment.

LATE REGISTRATION: Participants joining a class at its mid-point or beyond will pay 50% of the original fee. There will be no prorated amount prior to the midpoint of a class. Late registration will only be permitted pending instructor approval and space availability.

PAYMENT: All programs and reservations require full payment of fees at the time of registration.

REFUND POLICY: Full refunds will be given if this Department cancels classes. At the participant's request, prorated refunds will be given after a class begins, subject to a \$10.00 service charge to recover administrative expenses. Please allow 3-4 weeks for processing. (effective 7/1/19) For a full description of our refund policy, please go to <https://newportoregon.gov/dept/par/rec/documents/RefundPolicy4-8-19.pdf> Annual pass-holders have 30 days from the date of purchase to request an annual pass refund. After 30 days, a \$75 service charge will be deducted from the refund amount.

PASS EXTENSIONS: Pass extensions are allowed for annual passes only due to medical reasons. Vacations will not be considered for pass extensions, and passes cannot be "put on hold" or temporarily suspended. A request must be accompanied by a doctor's verification, and only one pass extension per year will be granted. A minimum four-week extension is required for all pass extensions.

SCHOLARSHIPS AND FINANCIAL ASSISTANCE: Scholarships and Financial assistance are available to Newport residents for certain programs for those who qualify as funds allow. Please contact us for current information.

PHOTO USAGE: On occasion, staff may take photos or videos of participants. Please be aware that these may be used in future guides, pamphlets, flyers, and for general publicity of programs and activities.

FITNESS CENTER (entire upstairs)

Ages 0-11 Not permitted in Fitness Area

Ages 12-14 Permitted w/Teen Fitness Card or parental supervision

Ages 15 & up Permitted without adult supervision

(Infants in strollers – no more than one lane wide – allowed on track only)

UNATTENDED CHILDREN

The Newport Recreation Center prohibits leaving any child under the age of 12 unattended and/or unsupervised. This includes anywhere on Recreation Center property.

The Aquatic Center will prohibit leaving any child under the age of 10 unattended and/or unsupervised. Any child under the age of 7 must have a parent present in the water (within an arm's reach of them).

Register for programs, pay for passes & activities with your new PARKS AND RECREATION ONLINE ACCOUNT!

1. Log on to newportoregon.gov/recreation
2. Click on Login/Create New Account
3. Select account setup preferences
4. Build, customize, and add all family members to your account
5. Add your phone number to receive SMS notifications
6. Register for your next Parks & Recreation activity or pass

You can also log-in using your
Facebook or Google Account!



SUPPORT THE FRIENDS OF NEWPORT PARKS & RECREATION

The Friends' mission is to assist in preserving, protecting, and helping all things parks and recreation for the City of Newport. For more information on how to get involved or to make a donation, contact the Friends of Newport Parks & Recreation at friendsofnpri@yahoo.com.

HOURS Facility Hours of Operation

DAYS & HOURS FOR THE RECREATION CENTER:

Tuesday - Friday 6:00 am – 9:00 pm

Saturday - 7:00 am – 7:00 pm

Sunday- 11:00 am – 7:00 pm

Monday - CLOSED

DAYS & HOURS FOR THE 60+ ACTIVITY CENTER:

Monday - Friday 8:00 am – 4:00 pm

Saturday & Sunday - CLOSED

DAYS & HOURS FOR THE AQUATIC CENTER:

Tuesday - Friday 6:00 am – 8:00 pm

Saturday - 7:00 am – 6:00 pm

Sunday- 12:00 pm – 4:00 pm

Monday - CLOSED

HOLIDAY CLOSURES:

19 June – Juneteenth

4 July- Independence Day

NEWPORT RECREATION CENTER

16 JUNE, JULY, AUGUST - 2025

MEMBERSHIP PASSES (Effective July 1st 2025)

RECREATION & AQUATIC CENTER PASSES:

Recreation Center passes allow residents and non-residents use of the walking/jogging track, cardio and strength training areas, gymnasium drop-in activities and most daily programs at the Aquatic Center.

NEWPORT RECREATION & AQUATIC CENTER

		STANDARD	RESIDENT DISCOUNT
Infant: 0-2 yrs. (pool only)	DAILY FEES	\$ 4.00	\$ 3.50
	10-Pass	\$ 35.50	\$ 29.50
Infant – 4 yrs. Indoor Park	DAILY FEES	\$ 4.00	\$ 3.50
	10-Pass	\$ 35.50	\$ 29.50
Youth: 3-17 yrs.	DAILY FEES	\$ 6.50	\$ 5.50
	Fridays	\$ 3.00	\$ 3.00
	10-Pass Card	\$ 45.75	\$ 39.75
	3-Month Pass	\$ 93.75	\$ 78.00
	Annual Pass	\$ 288.00	\$ 240.00
Adult: 18-59 yrs.	DAILY FEES	\$ 8.50	\$ 7.25
	10-Pass Card	\$ 67.25	\$ 56.00
	3-Month Pass	\$ 230.00	\$ 191.75
	Annual Pass	\$ 626.50	\$ 522.00
Senior: 60+ yrs.	Daily Fees	\$ 8.00	\$ 6.50
	Tues/Thurs	\$ 3.00	\$ 3.00
	10-PASS CARD	\$ 55.00	\$ 45.75
	3-MONTH PASS	\$ 153.50	\$ 128.00
	ANNUAL PASS	\$ 460.00	\$ 383.50

ANNUAL PASS DISCOUNT 3 MONTH DISCOUNT

Any 2= 10%	Any 2= 5%
Any 3= 15%	Any 3= 10%
Any 4= 30%	Any 4= 15%
Any additional youth above 2 children = \$ 75 each (must all be in the same family)	Any 5= 20%

NON-RESIDENT DISCOUNT CARD (12-MONTH PERIOD, NON-RETRO-ACTIVE)
\$66.25 per family of 3 or less
\$132.50 per family of 4 or more
(With this discount card, pay resident prices on all membership passes, activities, reservations, and more.)

DEBIT PLAN

When you sign up for an annual pass, you can pay monthly using our debit plan. For more information, please contact the Recreation Center at 541-265-7783.

GROUP RATES:

Discounted rates for businesses, organizations, or groups of 10 or more are available on annual passes. Contact the Recreation Center at 541-265-7783.

Pass extensions are allowed for annual passes only due to medical reasons. Vacations will not be considered for pass extensions, and passes cannot be “put on hold” or temporarily suspended. A request must be accompanied by a doctor’s verification, and only one pass extension per year will be granted. A minimum four-week extension is required for all pass extensions.

60+ CENTER

	Standard	Resident Discount
Annual All-Inclusive Pass	\$45.00	\$39.00
Annual Social Pass	\$15.00	\$10.50
3-Month Pass	\$25.00	\$19.00
1-Month Pass	\$ 9.00	\$ 7.50
Single-Day Pass	\$ 3.50	\$ 2.75

RENTAL FEES (Effective July 1st, 2025)

*Discounted rates apply for public, civic, and non-profit organizations

60+ ACTIVITY CENTER

The 60+ Activity Center has a variety of facility rentals to meet your needs. Call to reserve.

Room Rental Fees	Prices Up To*
Health and Wellness Studio	\$24.00/hour
Education Center	\$24.00/hour
Lounge	\$24.00/hour
Multi-purpose /Prep kitchen	\$39.00/hour

NEWPORT RECREATION CENTER RENTAL

	Standard	Resident Discount
Full Classroom/Meeting room	\$28.50/hour	\$24.25/hour
Aerobics/Dance Room	\$35.50/hour	\$29.50/hour
1/2 Multi-Purpose room	\$35.75/hour	\$29.75/hour
Full Multi-Purpose room	\$71.50/hour	\$59.50/hour
*Kitchen, additional	\$10.25/hour	\$8.25/hour
1/2 Main Gym	\$46.75/hour	\$39.75/hour
Small Gym	\$46.75/hour	\$39.75/hour
Full Gym	\$91.75/hour	\$77.50/hour

AQUATIC CENTER

Per Pool Per Hour	Standard	Resident Discount
1-20 people	\$139.00	\$115.00
21-40 people	\$165.50	\$135.00
41-60 people	\$188.00	\$155.00
61-80 people	\$215.50	\$179.00
81-100 people	\$239.00	\$199.00

LANE RENTALPER HOUR

1 Lane	\$25.00
2 Lanes	\$50.00
3 Lanes	\$75.00
4 Lanes	\$100.00
5+ Lanes	Full pool rental

For pool rentals, please contact the pool directly to confirm availability @ 541-265-7770

