











# Newport 60+ Activity Center

# March

# 2020

Sun.	Mon.	Tue.	Wed.	Thur.	Fri.	Sat.
<b>1</b> 	<b>2</b> Open Pool Games 8:30 A SS Yoga 9:30 A Zumba Gold 10:45 A Bingo 11:00 A Lunch Noon Mahjong 12:45 P Int. Line Dancing 1:30 P Walk with Ease 3:00 P Prevent Type 2 Diabetes 5:30 P	<b>3</b> AARP Tax Aide 9:00 A Wii Bowling 9:30 A SS Classic 10:00 A Water Colors 10:00 A Hatha Yoga 11:45 A Adaptive Tai Chi 1:00 P Duplicate Bridge 1:15 P Scrabble 1:30 P Line Dance 2:15 ***See Back Knitting 3:00 P	<b>4</b> Open Pool Games 8:30 A Arthritis Exercise 9:30 A AARP Safe Driver 9:30a-4:30p French Club 10:30 A Bingo 11:00 A Lunch Noon Better Bones & Balance 12:30 P Dominoes 1:00 P Pinochle 1:00 P SS Circuit 1:30 P Fun Functional Fitness 2:45 P Walk with Ease 3:00 P Moveable Peace 2 4:00 P	<b>5</b> AARP Tax Aide 9:00 A SS Classic 10:00 A Mind Games 11:00 A Meditation Workshop 11:15 A-12:30 P Mahjong 1:00 P Before End of Life, Nuts & Bolts 2:00-4:30p Adv. Line Dancing 2:15 P	<b>6</b> Open Pool Games 8:30 A Arthritis Exercise 9:30 A Bingo 11:00 A Lunch Noon Better Bones & Balance 12:30 P Dominoes 1:00 P Pinochle 1:00 P Duplicate Bridge 1:15 P Fun Functional Fitness 1:45 P Walk with Ease 3:00 P	<b>7</b> TRIP (see back) SS Circuit 10:00 A Laughter Yoga Practice 11:00 A Zumba Gold 12:45 P Writers/Readers Group 1:00 P 
<b>8</b> 	<b>9</b> Open Pool Games 8:30 A SS Yoga 9:30 A Zumba Gold 10:45 A Bingo 11:00 A Lunch Noon Mahjong 12:45 P Senior Assoc Meeting 1:00 P Int. Line Dancing 1:30 P Walk with Ease 3:00 P Prevent Type 2 Diabetes 5:30 P	<b>10</b> AARP Tax Aide 9:00 A Wii Bowling 9:30 A SS Classic 10:00 A Water Colors 10:00 A Hatha Yoga 11:45 A Adaptive Tai Chi 1:00 P Duplicate Bridge 1:15 P Scrabble 1:30 P Line Dance 2:15 ***See Back Knitting 3:00 P	<b>11</b> Open Pool Games 8:30 A Arthritis Exercise 9:30 A French Club 10:30 A Bingo 11:00 A Lunch Noon Better Bones & Balance 12:30 P Dominoes 1:00 P Pinochle 1:00 P SS Circuit 1:30 P Fun Functional Fitness 2:45 P Walk with Ease 3:00 P Moveable Peace 2 4:00 P	<b>12</b> AARP Tax Aide 9:00 A SS Classic 10:00 A Mind Games 11:00 A Mahjong 1:00 P Long Term Health Care Options 2:00-4:00 P Adv. Line Dancing 2:15 P	<b>13</b> Open Pool Games 8:30 A Arthritis Exercise 9:30 A Bingo 11:00 A Lunch Noon Better Bones & Balance 12:30 P Dominoes 1:00 P Pinochle 1:00 P Duplicate Bridge 1:15 P Fun Functional Fitness 1:45 P Walk with Ease 3:00 P	<b>14</b> TRIP (see back) Bridge 10:00a-3:00p Bingo 11:00 A Laughter Yoga Practice 11:00 A Zumba Gold 12:45 P Writers/Readers Group 1:00 P 
<b>15</b> 	<b>16</b> Open Pool Games 8:30 A SS Yoga 9:30 A Zumba Gold 10:45 A Bingo 11:00 A Lunch Noon Mahjong 12:45 P Int. Line Dancing 1:30 P Walk with Ease 3:00 P Prevent Type 2 Diabetes 5:30 P	<b>17</b> AARP Tax Aide 9:00 A Wii Bowling Warm Up 9:30 SS Classic 10:00 A Water Colors 10:00 A Wii Bowling Tournament 10:00a-1:00p Hatha Yoga 11:45 A Adaptive Tai Chi 1:00 P Duplicate Bridge 1:15 P Scrabble 1:30 P Line Dance 2:15 ***See Back Knitting 3:00 P <p style="text-align: center;"><b>HAPPY ST. PATRICKS DAY</b></p>	<b>18</b> Open Pool Games 8:30 A Arthritis Exercise 9:30 A French Club 10:30 A Bingo 11:00 A Lunch Noon Better Bones & Balance 12:30 P Dominoes 1:00 P Pinochle 1:00 P SS Circuit 1:30 P Fun Functional Fitness 2:45 P Walk with Ease 3:00 P Moveable Peace 2 4:00 P	<b>19</b> AARP Tax Aide 9:00 A Stacey Mealer 9:00 A SS Classic 10:00 A Friends 11:00 A Mind Games 11:00 A Bunco 1:00 P Mahjong 1:00 P Adv. Line Dancing 2:15 P <p style="text-align: center;"><b>FIRST DAY OF SPRING!</b></p>	<b>20</b> Open Pool Games 8:30 A Arthritis Exercise 9:30 A Bingo 11:00 A Lunch Noon Better Bones & Balance 12:30 P Dominoes 1:00 P Pinochle 1:00 P Duplicate Bridge 1:15 P Fun Functional Fitness 1:45 P Walk with Ease 3:00 P	<b>21</b> SS Circuit 10:00 A Laughter Yoga Practice 11:00 A Zumba Gold 12:45 P Writers/Readers Group 1:00 P Past Forward Jazz Band 2:00-4:00 P 

**see other side**

Sun.	Mon.	Tue.	Wed.	Thur.	Fri.	Sat.	
<b>22</b> 	<b>23</b> Open Pool Games 8:30 A SS Yoga 9:30 A Zumba Gold 10:45 A Bingo 11:00 A Lunch Noon Mahjong 12:45 P Int. Line Dancing 1:30 P Advisory 2:30 P Walk with Ease 3:00 P Prevent Type 2 Diabetes 5:30 P	<b>24</b> TRIP (see below) AARP Tax Aide 9:00 A Wii Bowling 9:30 A SS Classic 10:00 A Watercolors 10:00 A Hatha Yoga 11:45 A Adaptive Tai Chi 1:00 P Duplicate Bridge 1:15 P Scrabble 1:30 P Line Dance 2:15 ***See Below Knitting 3:00 P	<b>25</b> Open Pool Games 8:30 A Arthritis Exercise 9:30 A French Club 10:30 A Bingo 11:00 A Lunch Noon Better Bones & Balance 12:30 P Dominoes 1:00 P Pinochle 1:00 P Mosaic Class 1:30 P SS Circuit 1:30 P Fun Functional Fitness 2:45 P Walk with Ease 3:00 P Moveable Peace 2 4:00 P	<b>26</b> AARP Tax Aide 9:00 A SS Classic 10:00 A Mind Games 11:00 A Mahjong 1:00 P Fairy Architecture Presentation 2:00-3:00p Adv. Line Dancing 2:15 P	<b>27</b> Open Pool Games 8:30 A Arthritis Exercise 9:30 A Bingo 11:00 A Lunch Noon Better Bones & Balance 12:30 P Dominoes 1:00 P Pinochle 1:00 P Duplicate Bridge 1:15 P Fun Functional Fitness 1:45 P Walk with Ease 3:00 P	<b>28</b> Card Making for Charity 10:00 A Laughter Yoga Practice 11:00 A SS Circuit 10:00 A Zumba Gold 12:45 P Writers/Readers Group 1:00 P 	
<b>29</b> 	<b>30</b> Open Pool Games 8:30 A SS Yoga 9:30 A Zumba Gold 10:45 A Bingo 11:00 A Lunch Noon Mahjong 12:45 P Int. Line Dancing 1:30 P Walk with Ease 3:00 P Prevent Type 2 Diabetes 5:30 P	<b>31</b> AARP Tax Aide 9:00 A Wii Bowling 9:30 A SS Classic 10:00 A Watercolors 10:00 A Hatha Yoga 11:45 A Adaptive Tai Chi 1:00 P Duplicate Bridge 1:15 P Scrabble 1:30 P Line Dance 2:15 ***See Below Knitting 3:00 P					
<b>*** TUESDAY LINE DANCE CLASSES</b> Introduction 2:15 PM Beginning 3:00 PM  <b>WORKSHOPS</b> 3/05, Thur, Meditation Workshop, 11:15a-12:30p		<b>TRIPS</b> 3/07 Sat, Florence Home & Garden Show, Florence, OR, 9a-5p, \$16.00 3/14 Sat, Lane County Home & Garden Show, Eugene, OR, 9a-5p, \$27.00 3/24 Tue, Evergreen Aviation & Space Museum, McMinnville, OR, 8a-5p, \$45.00  <b>EVENTS</b> 3/04 Wed, AARP Safe Driver, 9:30a-4:30p 3/17 Tue, Wii Bowling Tournament, 10:00a-1:00p  <b>PRESENTATIONS</b> 3/05 Thur, Before End of Life, Nuts & Bolts, 2:00-4:30p 3/12 Thur, Long Term Health Care Options, 2:00-4:00p 3/26 Thur, Fairy Architecture Presentation, 2:00-3:00p			Visit our website <a href="http://www.newportoregon.gov/sc">www.newportoregon.gov/sc</a> <b>Newport 60+ Activity Center</b> 20 SE 2nd St., Newport, OR 541-265-9617 Meal Site 541-574-0669 <b>NEW CENTER HOURS</b> Monday 8:30a-8:30p Tuesday 8:30a-6:30p Wednesday 8:30a-5:00p Thursday 8:30a-5:00p Friday 8:30a-5:00p Saturday 9:30a-4:00p		