

NEWPORT 60+ ACTIVITY CENTER

JANUARY

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Color Legend</p> <p>Lounge = Pink Rec Center = Blue Education Room = Red Multi-Purpose Room = Green Pool Room = Black</p>			<p>1</p> <p>CLOSED</p> 	<p>2</p> <p>Wii Bowling 9:30 A Silver Sneakers Classic 10:30 A Chair Yoga 11:45 A Tai Chi 1:00 P Ukulele Jam 2:00 P Gentle Yoga 2:30 P</p>	<p>3</p> <p>Arthritis Exercise 9:30 A Bingo 11:00 A Pinochle 11:00 A Mexican Train 11:45 A Lunch 12:00 P Strength & Balance 1:00 P Mah Jongg 2:00 P Intermediate Guitar Lessons 2:15 P</p>	<p>4</p> 
<p>5</p> <p>Open Pool Monday-Friday, 8:00 A—4:00 P</p> <p>Ping Pong whenever the Education Room is available</p>	<p>6</p> <p>AmeriCorps Seniors Drop-in Q & A 10:00 A Move with Mary 10:00 A Bingo 11:00 A Party Bridge 11:00 A Lunch 12:00 P Mah Jongg 101 1:00 P Social Ballroom Dancing 1:30 P Cribbage 1:30 P 101 Call Shot Pool 2:00 P Open Music Jam 2:00 P</p>	<p>7</p> <p>Quilting Social 9:00 A Meditation 9:00 A Wii Bowling 9:30 A Open Board Games 10:00 A Silver Sneakers Classic 10:30 A The Memory Thread 10:30 A Introduction to Line Dance 11:45 A Chair Yoga 11:45 A Scrabble 1:00 P Gentle Yoga 1:00 P Strength & Balance 1:00 P Knitting 1:30 P</p>	<p>8</p> <p>Beginning Drawing 9:00 A Arthritis Exercise 9:30 A Bingo 11:00 A Mexican Train 11:45 A Lunch 12:00 P Easy Line Dance 1:00 P Drawing with Colored Pencils 1:00 P Improvers Line Dance 2:00 P 101 Call Shot Pool 2:00 P Intermediate Line Dance 3:00 P</p>	<p>9</p> <p>Wii Bowling 9:30 A Silver Sneakers Classic 10:30 A Jin Shin Self Help 10:30 A Chair Yoga 11:45 A Duplicate Bridge 11:30 A Tai Chi 1:00 P Ukulele Jam 2:00 P Gentle Yoga 2:30 P</p>	<p>10</p> <p>Arthritis Exercise 9:30 A Bingo 11:00 A Pinochle 11:00 A Mexican Train 11:45 A Lunch 12:00 P Strength & Balance 1:00 P Mah Jongg 2:00 P</p>	<p>11</p> 
<p>12</p> 	<p>13</p> <p>Move with Mary 10:00 A Bingo 11:00 A Party Bridge 11:00 A Lunch 12:00 P Mah Jongg 101 1:00 P Social Ballroom Dancing 1:30 P Cribbage 1:30 P 101 Call Shot Pool 2:00 P</p>	<p>14</p> <p>Quilting Social 9:00 A Meditation 9:00 A Wii Bowling 9:30 A Open Board Games 10:00 A Silver Sneakers Classic 10:30 A Senior Discussion Group 11:30 A Introduction to Line Dance 11:45 A Chair Yoga 11:45 A Scrabble 1:00 P Gentle Yoga 1:00 P Strength & Balance 1:00 P Knitting 1:30 P</p>	<p>15</p> <p>Beginning Drawing 9:00 A Arthritis Exercise 9:30 A Bingo 11:00 A Mexican Train 11:45 A January Birthday Lunch 12:00 P Medicare Q & A Session 1:00 P Easy Line Dance 1:00 P Drawing with Colored Pencils 1:00 P Intermediate Guitar Lessons 2:00 P Improvers Line Dance 2:00 P 101 Call Shot Pool 2:00 P Intermediate Line Dance 3:00 P</p>	<p>16</p> <p>Watercolor 101 9:00 A Wii Bowling 9:30 A Friends Comm. Mtg 9:30 A Silver Sneakers Classic 10:30 A Chair Yoga 11:45 A Duplicate Bridge 11:30 A Tai Chi 1:00 P Watercolor 201 1:00 P Ukulele Jam 2:00 P Gentle Yoga 2:30 P</p>	<p>17</p> <p>Arthritis Exercise 9:30 A Bingo 11:00 A Pinochle 11:00 A Mexican Train 11:45 A Lunch 12:00 P Strength & Balance 1:00 P Mah Jongg 2:00 P Tax Information Session 2:00 P</p>	<p>18</p> 

see other side

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 	20 CLOSED 	21 Quilting Social 9:00 A Meditation 9:00 A Wii Bowling 9:30 A Open Board Games 10:00 A Silver Sneakers Classic 10:30 A Fiberarts Demo 11:00 A Introduction to Line Dance 11:45 A Chair Yoga 11:45 A Scrabble 1:00 P Gentle Yoga 1:00 P Strength & Balance 1:00 P Knitting 1:30 P	22 Beginning Drawing 9:00 A Arthritis Exercise 9:30 A Bingo 11:00 A Mexican Train 11:45 A Lunch 12:00 P Easy Line Dance 1:00 P Drawing with Colored Pencils 1:00 P Improvers Line Dance 2:00 P 101 Call Shot Pool 2:00 P Intermediate Line Dance 3:00 P	23 Watercolor 101 9:00 A Wii Bowling 9:30 A Silver Sneakers Classic 10:30 A Chair Yoga 11:45 A Duplicate Bridge 11:30 A Tai Chi 1:00 P Watercolor 201 1:00 P Ukulele Jam 2:00 Gentle Yoga 2:30 P	24 Arthritis Exercise 9:30 A Bingo 11:00 A Pinochle 11:00 A Mexican Train 11:45 A Lunch 12:00 P Strength & Balance 1:00 P Mah Jongg 2:00 P	25 
26 	27 Move with Mary 10:00 A Bingo 11:00 A Party Bridge 11:00 A Lunch 12:00 P Mah Jongg 101 1:00 P Community Listening Session 1:00 P Social Ballroom Dancing 1:30 P Cribbage 1:30 P 101 Call Shot Pool 2:00 P	28 Quilting Social 9:00 A Meditation 9:00 A Wii Bowling 9:30 A Open Board Games 10:00 A Silver Sneakers Classic 10:30 A Introduction to Line Dance 11:45 A Chair Yoga 11:45 A Scrabble 1:00 P Gentle Yoga 1:00 P Strength & Balance 1:00 P Knitting 1:30 P	29 Beginning Drawing 9:00 A Arthritis Exercise 9:30 A Bingo 11:00 A Mexican Train 11:45 A Lunch 12:00 P Easy Line Dance 1:00 P Drawing with Colored Pencils 1:00 P Improvers Line Dance 2:00 P 101 Call Shot Pool 2:00 P Intermediate Guitar Lessons 2:00 P Intermediate Line Dance 3:00 P	30 Watercolor 101 9:00 A Wii Bowling 9:30 A Silver Sneakers Classic 10:30 A Chair Yoga 11:45 A Duplicate Bridge 11:30 A Tai Chi 1:00 P Watercolor 101 9:00 A Ukulele Jam 2:00 Gentle Yoga 2:30 P	31 Arthritis Exercise 9:30 A Bingo 11:00 A Pinochle 11:00 A Mexican Train 11:45 A Lunch 12:00 P Strength & Balance 1:00 P Mah Jongg 2:00 P	26 

Check Out These Classes/Activities

Mah Jongg 101, Monday, January 6-February 10, 1:00-3:00 p.m.
 Cribbage, Monday, 1:30-3:30 p.m., beginning January 6.
 The Memory Thread Discussion Group, Tuesday, January 7, 10:30-11:30 a.m.
 Senior Discussion Group: Ethics & A Virtual Reality Demo, Tuesday, January 14, 11:30 a.m.-1:00 p.m.
 January Birthday Lunch Celebration, Wednesday, January 15, 12:00-1:00 p.m.
 Medicare Q & A Session, Wednesday, January 15, 1:00-2:00 p.m.
 Tax Information Session with Kathy Kuebbing, Friday, January 17, 2:00-3:30 p.m.
 Fiberarts Demonstration, Tuesday, January 21, 11:00 a.m.-2:00 p.m.
 Community Listening Session, Monday, January 27, 1:00-4:00 p.m.

TRIPS

To Be Determined

Visit our website at www.newportoregon.gov/sc

Newport 60+ Activity Center
 20 SE 2nd St., Newport, OR
 541-265-9617
 Meal Site 541-574-0669

CENTER HOURS
 Monday—Friday
 8:00 am to 4:00 pm