60+ ACTIVITY CENTER



November

updated 10/28 **2025**

SUN

MON

TUE

WED

THU

FRI

SAT

CLASSES AND ACTIVITIES

Listen & Learn: Where Stable Housing Creates a Space for Students to Thrive, Not Just Survive - Tue, Nov 4, 11:30am-12:30pm

The Memory Thread Discussion Group, Mon, Nov. 10, 1:00-2:00pm

Listen & Learn: Recycling Updates with Thompson's Sanitary Service, Tue,

Nov 18, 11:30am-12:30pm

NSCAA General Membership Meeting, Wed, Nov 19, 1:30-2:30pm

Walk-in Flu Clinic, Thu, Nov 20, 10:00am-12:00pm

Coffee & Conversation with Jenni, Fri, Nov 21, 9:30-10:30am

Medicare Q&A has multiple sessions this month! Check our website for days and times.

at the kiosks, even if you are coming for a class. Keeping track of numbers is important for reports to the City and in turn, keeping our doors open and costs to members reasonable. Thank you!

Have a great topic and want to be a speaker for Listen and Learn? Stop by the office and let us know!

2

Color Legend

Lounge - Pink
Rec Center - Blue
Education Rm - Red
Multi-Purpose Rm Green
Billiards Rm - Black

Wellness Center -

Light Blue

3

AmeriCorps Seniors Drop-in Q&A 10:00 Move with Mary 10 Bingo 11:00 Party Bridge 11:00 Dance w/Mary 11:15 Lunch 12:00 Cribbage 1:30

101 Call Shot Pool 2

Quilting Social 9:00
Meditation 9:00
Wii Bowling 9:30
Chess Club 10:00
Silver Sneakers 10
Chair Yoga 11:15
Listen & Learn 11:30
Intro to Line Dance
12

Strength & Bal 1:00 Gentle Yoga 1:00 Knitting 1:30 5

Beginning Drawing 9
Arthritis Exercise 9:30
Tai Chi AFP 11:00
Intrm Drawing 11
Bingo 11, Lunch 12:00
Mexican Train 12:00
Drawing w/ Colored
Pencils 12:30
Easy Line Dance 1:00
Beg Guitar Lesson 1:15

Intrm Guitar Lesson 2

101 Call Shot Pool 2:00

Interm Line Dance 3:00

Improv Line Dance 2

Wii Bowling 9:30 Mixed Media Art Class 9:30 Silver Sneakers 10:00 Chair Yoga 11:15 Duplicate Bridge

Tai Chi 1:00 Watercolor 1:00 Gentle Yoga 2:30 7

Make sure you are signing in

Arthritis Ex 9:30
Blood Pressure
Check 9:30-11:30
Bingo 11:00
Pinochle 11:00
Tai Chi for Diabetes
& Prevention 11:00
Mexican Train 12:00
Lunch 12:00
Strength & Bal 1:00
Mah Jongg 2:00

GENTER
HOURS
Mon—Fri
8am-4pm



9

Newport Senior
Citizens Activity
Association General
Membership
Meeting, Wed,
11/19, 1:30-2:30pm.
We are looking for
an Association
Secretary and 1 AtLarge Board
Member

10

Move w/Mary 10 Bingo 11:00 Party Bridge 11:00 Dance with Mary 11:15 Lunch 12:00 Memory Thread 1 Cribbage 1:30

101 Call Shot Pool 2

11

Closed for Veterans Day



TRIP

Beginning Drawing 9

12

Arthritis Exercise 9:30
Tai Chi AFP 11:00
Interm Drawing 11:00
Bingo 11, Lunch 12:00
Mexican Train 12:00
Drawing w/ Colored
Pencils 12:30
Easy Line Dance 1:00
Improv Line Dance 2
101 Call Shot Pool 2

Intermediate Line

Dance 3:00

13

11:30

Wii Bowling 9:30
Mixed Media Art
Class 9:30
Silver Sneakers 10
Chair Yoga 11:15
Duplicate Bridge
11:30
Tai Chi 1:00
Watercolor 1:00
Gentle Yoga 2:30
Uno 1:00

14

Arthritis Exercise
9:30
Bingo 11:00
Pinochle 11:00
Tai Chi for Diabetes & Prevention 11:00
Mexican Train 12:00
Lunch 12:00
Strength & Balance
1:00
Mah Jonga 2:00

15

Listen & Learn:
Recycling Updates
with Thompson's
Sanitary Service,
Tue, 11/18, 11:30am12:30pm. Come
learn about
Oregon's new
Recycling
Modernization and
Plastic Pollution
Act

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16 Birthday Party on Fri the 21st! Make sure to RSVP bu



17

Move with Mary 10:00 Bingo 11:00 Party Bridge 11 Dance w/Maru 11:15 Lunch 12:00 Cribbage 1:30 101 Call Shot

18

Ouilting Social 9:00 Meditation 9:00 Wii Bowling 9:30 Chess Club 10:00 **Silver Sneakers 10** Chair Yoga 11:15 Listen & Learn 11:30 Intro to Line Dance 12 Gentle Yoga 1:00 Strength & Bal 1:00 Knitting 1:30

19

Beginning Drawing 9 Arthritis Exercise 9:30 Tai Chi AFP 11:00 **Interm Drawing 11:00** Bingo 11 **Mexican Train 12:00** Draw w/Colored Pencils 12:30 Easy Line Dance 1:00 **Beg Guitar Lesson 1:15** Medicare O&A 1pm **NSCAA Gen Member Mtg 1:30 Intrm Guitar Lesson 2:00 Improv Line Dance 2** 101 Call Shot Pool 2:00 **Intrm Line Dance 3:00**

20

Wii Bowling 9:30 Mixed Media Art Class 9:30 **Silver Sneakers** Chair Yoga 11:15 **Duplicate Bridge** 11:30 Walk-in Flu Clinic Tai Chi 1:00 Watercolor 1:00 Gentle Yoga 2:30 21

Coffee & Convo with Jenni 9:30 **Arthritis Exerc 9:30** Bingo 11, Lunch 12 Pinochle 11:00 Tai Chi for Diabetes & Prevention 11:00 **Mexican Train 12:00** Strength & Bal 1:00 Birthday Party 2:00 Mah Jongg 2:00

22

Coffee and Conversation with Jenni in the Lounge on Friday the 21st at 9:30



23/30

Nov 23rd, Join us for a free community **Thanksgiving** meal! RSVP required. Please call 541 265 9617.



24

Pool 2:00

Move w/Maru 10 Bingo 11:00 Party Bridge 11 Dance with Mary 11:15 Lunch 12:00 Cribbage 1:30

101 Call Shot Pool 2:00

25

Ouilting Social 9:00 Meditation 9:00 Wii Bowling 9:30 Silver Sneakers 10:00 Chair Yoga 11:15 Intro to Line Dance 12:00 **Gentle Yoga 1:00** Strength and Balance 1:00

Knitting 1:30

26

Beginning Drawing 9:00 Arthritis Exercise 9:30 Tai Chi AFP 11:00 **Intermediate Drawing 11:00** Bingo 11:00, Lunch 12:00 **Mexican Train 12:00** Drawing w/ Colored Pencils 12:30 Easy Line Dance 1:00 **Improvers Line Dance 2:00** 101 Call Shot Pool 2:00

Intrm Line Dance 3:00

27/28





29

Be sure to get outside for Green Friday, the day after Thanksgiving!



TRIPS

Wednesday, November 12 **Woodburn Outlet Mall Shopping Trip** 8:30am-5:00pm \$20 or \$15 w/Member Discount

We are looking for volunteer drivers for trips! Help us plan our 2026 season! No commercial drivers license needed. Email j.remillard@newportoregon.gov if you are interested.

Keep up to date on trip offerings here



Visit our website at www.newportoregon.gov/sc Facebook /NewportSeniorActivityCenter/







